SECTION ON WOMEN’S HEALTH

Continuing Education Courses
2015 COURSE CATALOG

COURSE INFORMATION
Information on CEUs, Direct Access Hours, Prerequisites, Lab Participation, Qualifications.

Quicklink → Pelvic Physical Therapy Level 1
Quicklink → Pelvic Physical Therapy Level 2
Quicklink → Pelvic Physical Therapy Level 3
Quicklink → Fundamental Concepts of Pregnancy & Postpartum Physical Therapy
Quicklink → Advanced Concepts in Pregnancy & Postpartum Physical Therapy
Quicklink → Gynecologic Visceral Manipulation
Quicklink → Labor & Delivery
Quicklink → Simplifying Sacroiliac Dysfunction
Quicklink → Pediatric Pelvic Floor Therapy: Bowel & Bladder Health (From Birth to 18 Years Old

REGISTRATION
Register On-line or by Paper Form, Apply for Student Discount or SOWH Membership to get course discounts.

Register Now → Online Registration
Download & Send → Registration Paper Form if Purchasing More Than 1 Course or Applying for Student Discount
Apply for Discounts → Become a Member to Qualify for Course Discounts

QUESTIONS?
Quicklink → FAQs & Contact Info
PELVIC PHYSICAL THERAPY LEVEL 1

Course Description:
This 3-day course provides physical therapists with practical knowledge and skill in the treatment of female urinary incontinence, with an introduction to the treatment of pelvic pain. Instruction in pelvic floor muscle anatomy, function, physiology, and pelvic floor muscle dysfunction will provide the clinician with skills for immediate clinical application and build the base for future courses. This course is the first prerequisite in the series of three pelvic floor courses designed to give the practicing clinician a comprehensive knowledge base in pelvic physical therapy. Course content is evidence-based, promoting the use of reliable tests and validated outcome measures. Instruction and lab practice intra-vaginal examination of the pelvic floor is a key component of this course. Participants will perform and experience intra-vaginal EMG biofeedback and electrical stimulation. Skills integration testing is performed at the end of the third day.

CEUs: 2.3
Direct Access Hours: 1.5
(participants are responsible for ensuring this meets individual state requirements)

Lab Participation Requirements: Participants will be working in groups of 3 during labs. This course includes extensive labs with intra-vaginal assessment and examination. All participants must participate in labs as both “clinician” and “patient.”

PELVIC PHYSICAL THERAPY LEVEL 2

Course Description:
This 3-day evidence-based course will advance the pelvic physical therapist’s examination, evaluation and intervention skills. Lab sessions will focus on intrarectal and coccyx examination skills. Lab will also include abdominal assessment and progression of previously learned intravaginal assessment skills, with focus on treatment of pelvic floor pain conditions. Didactic topics will include bowel and colon anatomy and physiology, defecation disorders, and pelvic pain disorders (including IBS, vulvodynia, pudendal neuralgia, vaginismus, painful bladder syndromes, and endometriosis).

CEUs: 2.3
Direct Access Hours: 1.25 (participants are responsible for ensuring this meets individual state requirements)

Prerequisites:
- Pelvic 1 is a required prerequisite for this course. Participants who have taken a level 1 course through other pelvic educational institutions may contact the SoWH office at info@womenshealthapta.org to inquire about taking this level 2 course.
- Experience of 6 months or more in regularly managing patients with pelvic physical therapy, or working in a clinic with other experienced pelvic physical therapists, is strongly recommended prior to attending this course; lack of experience may greatly inhibit participant comprehension and attainment of skills during the course.

Open To: Licensed Physical Therapists. This course is NOT open to PTAs and Student PTs.

Lab Participation Requirements: Participants will be working in groups of 2 during labs. This course includes extensive labs with intravaginal and intrarectal assessment and examination. All participants must participate in labs as both “clinician” and “patient.”

PELVIC PHYSICAL THERAPY LEVEL 3

Course Description:
This 3-day evidence-based course will provide clinically relevant information and training for the evaluation and treatment of male urinary incontinence, life span specific considerations, and individuals with neurological involvement. Lab will focus on EMG relaxation training and integration of complete vaginal and rectal examination learned in previous coursework. Lecture will include the pathophysiology and physical therapy evaluation and treatment of male patients, pediatric and geriatric populations, and pelvic floor intervention with neurologic patients. Changes in the pelvic organs throughout the lifecycle and interdisciplinary treatment of pelvic dysfunction will be reviewed.

CEUs earned: 2.3
Direct Access Hours: 0.6 (participants are responsible for ensuring this meets individual state requirements)

Prerequisites:
- Pelvic 1 and Pelvic 2 are required prerequisites for this course.
- Experience of 1 year or more in regularly managing patients with pelvic physical therapy, or working in a clinic with other experienced pelvic physical therapists, is strongly recommended prior to attending this course; lack of experience may greatly inhibit participant comprehension and attainment of skills during the course.

Open To: Licensed Physical Therapists. This course is NOT open to PTAs and Student PTs.

Lab Participation Requirements: Participants will be working in groups of 2 during labs. This course includes extensive labs with intravaginal and intrarectal assessment and examination. All participants must participate in labs as both “clinician” and “patient.”
FUNDAMENTAL CONCEPTS
IN PREGNANCY & POSTPARTUM PHYSICAL THERAPY

Course Description:
This 3-day course provides practical, evidence-based knowledge and skill in physical therapy evaluation and intervention with the pregnant and postpartum patient. Didactic instruction includes: anatomical and physiologic changes in pregnancy; differential diagnosis in peri-partum; pregnancy-specific changes in posture and gait; postpartum recovery and scar tissue assessment and intervention; modalities during pregnancy, biomechanical strategies; exercise and wellness in pregnancy and postpartum; vaginal labor and delivery; and Cesarean Section and delivery complications. Additionally, advanced clinical decision making with these populations is discussed. Labs contain a maximum ratio of 8:1 participants to lab instructors to ensure valuable attention to each participant. Labs offer skills that are immediately applicable in your clinic and include: modifications of the pregnant examination; lumbopelvic examination and special tests (particularly for pelvic girdle dysfunctions); diastasis rectus abdominis assessment and intervention; external pelvic floor assessment and exercise (NO internal pelvic floor taught at this course); stabilization exercise in pregnancy and postpartum; Cesarean Section rehabilitation techniques; scar assessment and mobilization techniques; labor and delivery positioning strategies for labor augmentation and pain relief. At the end of this course, all participants will participate in comprehensive situational lab scenarios to pull together all skills learned. Skills integration testing is performed at the end of the third day.

CEUs: 2.4
Direct Access Hours: 0.875 (participants are responsible for ensuring this meets individual state requirements)
Open To: Licensed Physical Therapists, PTA's, and Student Physical Therapists in their final year of school.
Lab Participation Requirements: Participants will be working in groups of 2-3 during labs. All participants will participate in labs as both “clinician” and “patient.” These labs are appropriate for all participants to fully participate, including pregnant, post-partum and male participants. Complete information on course participation requirements is located here.

ADVANCED CONCEPTS
IN PREGNANCY & POSTPARTUM PHYSICAL THERAPY

Course Description:
This 3-day course provides practical, evidence-based knowledge and skill in physical therapy evaluation and intervention with advanced topics in pregnancy and postpartum. Didactic instruction includes: high risk pregnancy medical diagnoses and interventions; special populations and disability in pregnancy; traumatic injuries during pregnancy; maternal birth injuries; acute postpartum recovery and considerations; the pregnant athlete; clinical competencies, and psychosocial issues in pregnancy and postpartum. Additionally, advanced clinical decision making with these populations is discussed. Labs contain a maximum ratio of 8:1 participants to lab instructors to ensure valuable attention to each participant. Labs will offer skills that are immediately applicable in your clinic and include: refinement of the lumbopelvic examination and special tests; modification of the examination and physical therapy interventions in high risk pregnancy; examination and intervention of thoracic spine, rib cage and external coccyx pain/dysfunction; “Mommy and Me” postpartum exercise class; and various kinesiology taping techniques in pregnancy and postpartum. At the end of the course, all participants will participate in comprehensive situational lab scenarios to pull together all skills learned. Skills integration testing is performed at the end of the third day.

CEUs earned: 2.4
Direct Access Hours: 0.575 (participants are responsible for ensuring this meets individual state requirements)
Open To: Licensed Physical Therapists.
*Of note, the OB-Advanced course is NOT open to PTAs and Student PTs.
Lab Participation Requirements: Participants will be working in groups of 2-3 during labs. All participants will participate in labs as both “clinician” and “patient.” These labs are appropriate for all participants to fully participate, including pregnant, post-partum and male participants.
LABOR & DELIVERY

Course Description:
This 3 day, 22-hour course provides the physical therapist with practical, evidence-based knowledge and advanced skills in providing labor support. Didactic instruction includes: stages of normal labor and delivery, anatomic characteristics and considerations for childbirth, effects of intrinsic and extrinsic factors on labor, causes and management of dysfunctional labor, psychosocial considerations in childbirth, labor coping techniques and pain management, special/difficult circumstances, early postpartum support, ethical boundaries, documentation/reimbursement/marketing. Instructor to participant ratio for labs will be 1:8 with a maximum of 32 participants to ensure valuable attention to each participant. Labs offer skills that are immediately applicable and include: labor and delivery positions for normal labor, positioning for dysfunctional labor and labor with orthopedic considerations, physical coping with a variety of hands on techniques, and various mental coping techniques. At the end of this course, all participants will participate in comprehensive standardized patient lab scenarios utilizing all skills learned. Skills integration testing is performed at the end of the third day. Upon completion of this course, participants will have the skills and resources to expand their practice to include provision of labor support.

CEUs earned: 2.2  
Prerequisites: No prerequisite course required. Fundamentals in Pregnancy and Postpartum (CAPP-OBF) course is recommended prior to attendance, but not required.  
Open To: This course is open to licensed Physical Therapists and PTAs. 
Lab Participation: Participants will be working in groups of 2-3 during labs. All participants will participate as both “clinician” and “patient.” These labs are appropriate for all participants to fully participate, including pregnant, post-partum and male participants.

GYNECOLOGIC VISCERAL MANIPULATION

Course Description:
This unique 4-day course is designed to educate participants on the anatomy, mobility, and motility of the pelvic viscera. Specific focus will include the bladder, rectum, uterus, ovaries, and an introduction to the kidneys. Video and patient demonstration will focus on examination and intervention strategies. Internal pelvic techniques will be presented from Jean Pierre Barral’s advanced pelvic class that, to date, has only been taught in France. Wetzler has obtained special permission from Barral to teach this material for the Section on Women’s Health. You will also learn how the internal techniques can enhance your intervention outcomes for bladder, uteral, rectal, and pelvic floor dysfunctions.

CEUs earned: 3.0  
Prerequisites: NONE  
Open To: Licensed Physical Therapists.  
Lab Participation Requirements: As this course includes extensive lab work, all should come prepared to participate as both clinician and patient. Male or female participants who cannot, for medical or cultural reasons, participate as lab subjects need to provide their own models.
### 2015 SOWH COURSE REGISTRATION FORM

<table>
<thead>
<tr>
<th>CAPP COURSE OFFERINGS</th>
<th>COURSE LOCATION</th>
<th>COURSE DATES</th>
<th>*** ADVANCED *** (ENDS 45 DAYS PRIOR TO COURSE)</th>
<th>*** REGULAR *** (STARTS 44 DAYS PRIOR TO COURSE)</th>
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</thead>
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| Pelvic Physical Therapy Level 2 (PH2D) | Naperville, IL | April 24-26, 2015 | SOWH MEMBER: $650, NON-MEMBER: $750 | SOWH MEMBER: $725, NON-MEMBER: $825 |

| Pelvic Physical Therapy Level 3 (PH3B) | Portland, OR | Nov. 6-8, 2015 | SOWH MEMBER: $650, NON-MEMBER: $750 | SOWH MEMBER: $725, NON-MEMBER: $825 |


### NON-CAPP COURSE OFFERINGS

<table>
<thead>
<tr>
<th>COURSE LOCATION</th>
<th>COURSE DATES</th>
<th>*** ADVANCED *** (ENDS 45 DAYS PRIOR TO COURSE)</th>
<th>*** REGULAR *** (STARTS 44 DAYS PRIOR TO COURSE)</th>
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</thead>
<tbody>
<tr>
<td><em>NEW</em> Simplified Sacroiliac Dysfunction (Advanced Course)</td>
<td>* TBA *</td>
<td>* TBA *</td>
<td>SOWH MEMBER: $650, NON-MEMBER: $750</td>
</tr>
<tr>
<td>Auditing Only (no lab participation)</td>
<td><em>All courses</em></td>
<td><em>All courses</em></td>
<td>SOWH MEMBER: $350, NON-MEMBER: $350</td>
</tr>
</tbody>
</table>
2015 SOWH COURSE REGISTRATION FORM

GENERAL INFORMATION

Full Name: ____________________________ Circle one: PT PTA SPT

Circle one: Female Male

Street Address: ____________________________ City: __________ State: __________

Zip: _______ Work Phone: (____)_______ Personal Phone: (____)_______

Email: ____________________

APTA/SOWH Membership Number: ___________ Membership Renewal Date: __/__/____

License#: ____________________

PURCHASE DETAILS

1st Course Name: ____________________________ Course Dates: __________ Full Price

2nd Course Name: ____________________________ Course Dates: __________ Purchase 2, get 10% off second course

3rd Course Name: ____________________________ Course Dates: __________ Purchase 3, get 20% off third course

- If you are registering 5-9 or 10+ participants, please contact us for special group discount deals.
- If you are a PT STUDENT, please contact us for limited course discount codes (Pelvic Physical Therapy Level 1 and Fundamentals of Pregnancy & Postpartum Physical Therapy ONLY)
- WAITLIST OPTION: If the course that you desire is FULL, please fill out this form and fax it to the SOWH Office to get on the waitlist. You will be notified of any openings via e-mail

METHOD OF PAYMENT

Check made payable to Section on Women’s Health, APTA Check #: ________________

Please, circle one of the methods of payment below if using a credit card/checking card.

Visa Mastercard American Express

Credit card number: ____________________________ Expiration Date: ___/_____

Print Cardholder’s Full Name: ____________________________

Cardholder’s Signature: ____________________________ Date: ___/___/_____

*Once your Registration is processed by the SOWH Office, you will receive 2 e-mail confirmations, one being a purchase confirmation and a second being the electronic course packet with information including course site address, course information, recommendations for lodging & travel, electronic course manual, exam instructions and answers to frequently asked questions regarding courses.

FAX, SCAN or MAIL Completed Registration Form with corresponding Attendance Policy Agreement form.

FAX: (703) 995-0936
MAIL ADDRESS: SOWH 8400 Westpark Dr. (2nd Floor), McLean, VA 22102
E-MAIL: programmanager@womenshealthapta.org
ATTENDANCE POLICY AGREEMENT (CAPP-OB)

APPLIES TO: PELVIC PHYSICAL THERAPY LEVELS 1, 2, 3 COURSES

The Section on Women’s Health (SoWH) is excited that you are registering for this course! SoWH wants to make sure you have the opportunity to be fully informed on requirements for attending the courses and completing the CAPP process. Please read the following statements carefully. Initialing next to each statement is required to complete the registration process and indicates that you agree to these requirements. These statements are a part of our course participant attendance policy, which ensures that all participants have the best course experience possible.

ALL CAPP Courses:
__ I understand that SoWH will not be held responsible financially or otherwise by my not adhering to the following attendance requirements. I understand that not following these requirements may result in loss of CEU credits, course registration costs, and travel expenses.

__ I understand I am expected to attend the entire course, and should make my travel and hotel plans accordingly. I understand that missing portions of the course or the CAPP scenario integration at the end of the course will result in reduced CEU credits and ineligibility for receiving the CAPP.

__ I understand that the pre-reading for this course (located with the course description) is required to be completed prior to this course, and not completing the pre-reading may result in my difficulty comprehending and absorbing materials presented at the course.

__ I understand that if I am a lactating mother and need to pump during the course, that I will plan to do so during breaks and lunch so as to not decrease the credit hours. I will contact SoWH (sowh@apta.org) in advance to coordinate providing a space at the course site for me to pump.

__ I understand that if I have any religious observances occurring while I am at the course, I will inform SoWH one month in advance so that any special circumstances can be taken into account if possible. While SoWH will make the best effort to accommodate me, I understand that missing portions of the course may reduce the number of CEU hours I receive and make me ineligible for the CAPP.

All OB Courses
__ If I am a male, pregnant female, or post-partum female, I understand that I AM able to fully participate in all labs for these courses.

__ I understand that there are NOT any internal vaginal or rectal techniques taught or practiced at this course. However, there are external techniques taught for the pelvic floor and coccyx and I am required to participate in these labs.

OB-Fundamentals
__ If I am a Physical Therapist Assistant (PTA), I understand I may take this course but that I am NOT eligible to participate in the CAPP testing process and receive the CAPP designation. I also understand that I am NOT eligible to register for and attend the OB-Advanced course.

__ If I am a Student Physical Therapist (SPT), I understand I may take this course and participate in CAPP testing if I am in my FINAL year of physical therapy school. I also understand that I am NOT able to attend OB-Advanced until I have graduated and am a licensed physical therapist.

OB-Advanced
__ I understand that OB-Fundamentals is a required prerequisite to taking this course. I attest that I have completed OB-Fundamentals prior to attending the OB-Advanced course.

__ If I am a Physical Therapist Assistant (PTA) or a Student Physical Therapist (SPT), I understand I am NOT eligible to register for this course. (If I am an SPT, I may register for this course after I have graduated and become a licensed therapist.)

__ I understand that SoWH strongly recommends and desires that I have 6 months or greater of consistent experience in managing patients who are pregnant or postpartum prior to attending this course. I understand that personal experience will enhance my course experience, my participation abilities, and my absorption and integration of progressive skills and knowledge.
**APPLIES TO: FUNDAMENTALS/ADVANCED TOPICS OF PREGNANCY & POSTPARTUM PHYSICAL THERAPY COURSES**

The Section on Women’s Health (SoWH) is excited that you are registering for this course! SoWH wants to make sure you have the opportunity to be fully informed on requirements for attending the courses and completing the CAPP process. Please read the following statements carefully. Initializing next to each statement is required to complete the registration process and indicates that you agree to these requirements. These statements are a part of our course participant attendance policy, which ensures that all participants have the best course experience possible.

**ALL CAPP Courses:**

- I understand that SoWH will not be held responsible financially or otherwise by my not adhering to the following attendance requirements. I understand that not following these requirements may result in loss of CEU credits, course registration costs, and travel expenses.

- I understand I am expected to attend the entire course, and should make my travel and hotel plans accordingly. I understand that missing portions of the course or the CAPP scenario integration at the end of the course will result in reduced CEU credits and ineligibility for receiving the CAPP.

- I understand that the pre-reading for this course (located with the course description) is required to be completed prior to this course, and not completing the pre-reading may result in my difficulty comprehending and absorbing materials presented at the course.

- I understand that if I am a lactating mother and need to pump during the course, that I will plan to do so during breaks and lunch so as to not decrease the credit hours. I will contact SoWH (sowh@apta.org) in advance to coordinate providing a space at the course site for me to pump.

- I understand that if I have any religious observances occurring while I am at the course, I will inform SoWH one month in advance so that any special circumstances can be taken into account if possible. While SoWH will make the best effort to accommodate me, I understand that missing portions of the course may reduce the number of CEU hours I receive and make me ineligible for the CAPP.

**All Pelvic Courses**

- **IF I AM A MALE** participant: I understand that due to the sensitive nature of these courses that I must provide a live female model to serve as my “patient” for labs.

- I understand that if I am a female participant, I will be required to participate in course labs as a “patient” and as a “therapist” for all intravaginal (Pelvic 1, 2, and 3) and all intrarectal (Pelvic 2 and 3) examinations.

- I understand that I must provide a live female model to stand in for me if I am not able or choose not to participate in the labs as “patient” (I must still participate as “therapist”). I understand I am responsible for securing my patient model. (Resources for locating models include medical schools, allied health schools, or universities near the course location. Or I may bring a friend or family member with me to serve as my model. One model may be shared by two participants.)

- **IF I am a pregnant** female, I understand that I cannot participate as a “patient” in labs unless my physician provides written permission for my FULL participation after reading the course and lab outlines. If I do not have written physician permission, then I must provide a live female model to stand in for me. (Due to the repetition and extensive nature of these labs, SoWH recommends that pregnant participants provide a model to stand in their place.)

- **IF I have any of the following contraindications for participation in the labs,** I understand I must provide a live female model to stand in for me:
  - Active vaginal infections
  - Active STD or herpes lesions
  - Active bladder or rectal infections
  - Severe pelvic/vaginal/rectal pain that inhibits examination
  - Lack of prior vaginal exam by a physician
  - Active OB/GYN cancer

- I understand I will still be expected to participate in labs while I am on my menstrual cycle and will be provided a menstrual cup (INSTEAD brand) to hold back menstrual flow in order to allow participation in lab examinations.

**Pelvic 1 Course**

- **IF I am a Physical Therapist Assistant (PTA)**, I understand I may take this course but that I am **NOT** eligible to participate in the CAPP testing process and receive the CAPP designation. I also understand that I am **NOT** eligible to register for and attend the Pelvic 2 and Pelvic 3 courses.

- **IF I am a Student Physical Therapist (SPT)**, I understand I may take this course and participate in CAPP testing if I am in my **FINAL** year of physical therapy school. I also understand I am **NOT** able to attend Pelvic 2 and Pelvic 3 until I have graduated and am a licensed physical therapist.

**Pelvic 2 Course**

- I understand that Pelvic 1 is a required prerequisite to taking this course, and I attest that I have taken Pelvic 1 prior to attending the Pelvic 2 course.

- **IF I am a Student Physical Therapist Assistant (PTA) or a Student Physical Therapist (SPT)**, I understand I am **NOT** eligible to register for this course. If I am an SPT, I may attend this course after graduating and becoming a licensed physical therapist.
I understand that SoWH strongly recommends and desires that I have 6 months or greater of consistent experience in managing patients with pelvic floor dysfunction prior to attending this course. I understand that personal experience will enhance my course experience, my participation abilities, and my absorption and integration of progressive skills and knowledge.

If I have taken a Pelvic 1 course through another educational institution and I choose to test out of Pelvic 1 in order to take Pelvic 2, then I understand that I am NOT eligible to receive the CAPP-Pelvic certification, as the CAPP designation is specific to the didactic and skills testing offered in SoWH courses. (I will become eligible if I take Pelvic 1 in the future and complete all other requirements).

**Pelvic 3 Course**

I understand that Pelvic 1 and Pelvic 2 are required prerequisites to taking this course, and I attest that I have completed these prerequisite courses prior to attending Pelvic 3.

If I am a Physical Therapist Assistant (PTA) or a Student Physical Therapist (SPT), I understand I am NOT eligible to register for this course. If I am an SPT, I may attend this course after graduating and becoming a licensed physical therapist.

I understand that SoWH strongly recommends and desires that I have 1 year or greater of consistent experience in managing patients with pelvic floor dysfunction prior to attending this course. I understand that personal experience will enhance my course experience, my participation abilities, and my absorption and integration of progressive skills and knowledge.
ATTENDANCE POLICY AGREEMENT (NON-CAPP)

APPLIES TO: LABOR & DELIVERY, GYNECOLOGIC VISCERAL MANIPULATION, ADVANCED COURSES

The Section on Women’s Health (SoWH) is excited that you are registering for this course! SoWH wants to make sure you have the opportunity to be fully informed on requirements for attending the courses and completing the CAPP process. Please read the following statements carefully. Initialing next to each statement is required to complete the registration process and indicates that you agree to these requirements. These statements are a part of our course participant attendance policy, which ensures that all participants have the best course experience possible.

Courses:

__ I understand that SoWH will not be held responsible financially or otherwise by my not adhering to the following attendance requirements. I understand that not following these requirements may result in loss of CEU credits, course registration costs, and travel expenses.

__ I understand I am expected to attend the entire course, and should make my travel and hotel plans accordingly. I understand that missing portions of the course or the CAPP scenario integration at the end of the course will result in reduced CEU credits and ineligibility for receiving the CAPP.

__ I understand that the pre-reading for this course (located with the course description) is required to be completed prior to this course, and not completing the pre-reading may result in my difficulty comprehending and absorbing materials presented at the course.

__ I understand that if I am a lactating mother and need to pump during the course, that I will plan to do so during breaks and lunch so as to not decrease the credit hours. I will contact SoWH (sowh@apta.org) in advance to coordinate providing a space at the course site for me to pump.

__ I understand that if I have any religious observances occurring while I am at the course, I will inform SoWH one month in advance so that any special circumstances can be taken into account if possible. While SoWH will make the best effort to accommodate me, I understand that missing portions of the course may reduce the number of CEU hours I receive and make me ineligible for the CAPP.
FAQs

Q. I have specific questions regarding CAPP-Pelvic & CAPP-OB Courses and Certifications. Whom do I contact?
   A: For CAPP-OB questions, contact cappobi@womenshealthapta.org.
   A: For CAPP-Pelvic questions, contact cappipelvic@womenshealthapta.org.

Q. I have a question about my on-site course (i.e. need a lactating room during course, need recommendations for nearby hotels, travel, restaurants at course site). Whom can I contact for information?
   A: Contact the Course Site Coordinator whose information is listed at the top of the electronic course information packet you receive via e-mail following your purchase/registration confirmation.

Q. I have technical difficulties such as logging in, purchasing courses at a member-price, difficulty opening electronic course manual or need a purchase confirmation e-mailed to me. Whom do I contact?
   A: Contact the Program Manager, programmanager@womenshealthapta.org.
   A: If you have technical difficulties loading your course exam, contact help@commpartners.com or call 1 (800) 274-9390 for technical assistance.

Q. What happens if I fail the exam?
   A: Contact the Director of Education at education@womenshealthapta.org for further direction.

Q. What if I print my certificate and lose it?
   A: You can always log in HERE and access your existing certificates for re-printing.
   Username: E-mail Address, Password: Last Name (*First letter capitalized)

Q. I’m applying for CEUs in my home state. Where do I find the best point of contact?
   A: Find the list of State Licensure Boards on the FSBPT website by clicking HERE.

Q. What is the approval number for my CAPP course?
   A: The Section does not individually apply for course approval numbers to each state. It is up to each individual to submit for CEU’s. If you need particular materials that you cannot find online, please email programmanager@womenshealthapta.org with the documents you need. Our participants have never had trouble getting a course approved for credit once they applied with their states’ boards.

Q. I am completing the exam for my final course in the Pelvic or OB track. How long do I have to submit a CAPP Case Reflection?
   A: You have one year after the date of your last course to submit your Case Reflection. For more information about CAPP-OB & CAPP-Pelvic Certifications, click here.

Q. When do I need a model for the course?
   A: If you are pregnant you will need written permission from your OBGYN in order to participate. Otherwise you are required to bring a model. If you are a man taking the course you need a model. If you have an active STD or a vaginal infection you will need to bring a model. Models are to be present only during lab times, please review the time ordered agenda for the particular course you have registered for to note the times. All other cases, please e-mail the instructor of the course.

Q. Where can I find a model for the course?
   A: It is your responsibility to find or bring a model. It is NOT the course facilitators’ responsibility to find a model for you. You may e-mail them to see if they know a place to hire one. If they do not know, you should plan on bringing a model with you (friend, family member). This model can NOT participate in class, they are there purely as a model. If you cannot find a model, then you should think about taking the class at a different time when you can participate.

Q. Can students take the course?
   A: Only third year PT students in the last half of their school year can take Pelvic Level 1 & Fundamentals of Pregnancy & Postpartum only.

Q. Can I leave early from the course?
   A: No. You are expected to stay the entire duration of the CAPP Course. Participants are expected to stay through the entire course; please make your travel plans accordingly. Deduction of CEU certificate hours will occur for participants leaving the course early.

Q. What happens if I arrive late for the course?
   A: If you arrive more than 2 hours late for the course, you will be asked to leave. There is a lot of important information in the early part of the course to miss. This is a certification course and all information presented is vital to the practice of physical therapy.

Q. Whom should I contact if I can’t make it to the course?
   A: Please contact the SOWH Program Manager (programmanager@womenshealthapta.org)

Q. What is the cancellation policy?
   A: Please, send an e-mail to programmanager@womenshealthapta.org to inform SOWH that you would like to cancel your course registration. If you cancel your course registration at least two weeks or more before the course date, you will get a full refund minus $50 for cancellation fee. If you however cancel less than two weeks before the course date, a refund will not be issued.
Not a Member of SOWH? join today

BENEFITS OF BELONGING TO THE SECTION

- Access to the *Journal of Women’s Health Physical Therapy (JWHPT)*
- Members can add themselves to the PT Locator so that patients, potential employers, and other professionals can find them in our PT directory.
- *NEW BENEFIT* Members can place a FREE ad in our Women's Health Resource Directory

COMMUNICATION AND NETWORKING OPPORTUNITIES

- Our Website – [www.womenshealthapta.org](http://www.womenshealthapta.org)
- State and Regional Representative Network – individuals in each state act as resource for the Section’s issues and activities.
- CSM – General Business Meeting and “Your Turn to Speak Up”
- e-BLASTS : Electronic updates on Section news sent to all members periodically.

VOICE IN THE WOMEN’S HEALTH FIELD

- Your Section delegate speaks on behalf of your interests at the APTA House of Delegates.
- Director of Practice represents the interest of women’s health and provides legislative support.

REDUCED RATES ON EDUCATION PROGRAMS

- CAPP Regional Courses – 16+ per year on obstetrical, postpartum issues, incontinence, pelvic pain, visceral manipulation and other topics (get up to $100 off your course registration)
- Pre-Conference courses at CSM
- Home Study Courses

SOWH ONLINE SHOPPING STORE

- Reduced rates on select items at the SOWH Online Shopping Store.

LEADERSHIP OPPORTUNITIES

- Be a committee chair, state representative or an elected officer to the Board of Directors.

RECOGNITION OF RESEARCH AND CLINICAL EXCELLENCE

- Section members are eligible to have their poster/platform abstract be considered for presentation at CSM.
- Elizabeth Noble Award is the Section’s highest honor and is given to a person or institution providing extraordinary and exemplary service to the field of physical therapy for women, or to the Section. The award may be, but is not necessarily, presented on an annual basis.
- Research Awards

Not currently a member? Click here to join.