Combined Sections Meeting
February 2-6, 2014 • Las Vegas, NV
Join us as the tradition continues to explore an advanced topic in depth with a world class speaker on women's health and pregnancy.

FEATURING
Penny Simkin, PT

Advanced Concepts in Care of the Childbearing Woman
Understanding and Healing the Effects of Early Sexual Abuse on the Childbearing Woman.

Course Description:
Penny will present a 2-day seminar for the SOWH combining two of her international workshops. "When Survivors Give Birth: Understanding and Healing the Effects of Early Sexual Abuse on the Childbearing Woman" and "Non-pharmacological Methods to Reduce Pain and Promote the Labor Process". The workshop offers background information on specific effects, strategies and care plans that reduce the negative impact of abuse. Practical instruction is given with an emphasis on developing effective emotional supports and decreasing the need for reliance on medications and surgical interventions for pain and pregnancy-related dysfunction.

Biography:
Penny Simkin, PT, is a physical therapist who has specialized in childbirth education and labor support since 1968. She estimates she has prepared over 11,000 women, couples, and siblings for childbirth. She has assisted hundreds of women or couples through childbirth as a doula. She produced several birth related films and is the author of many books and articles on birth for both parents and professionals. Books include The Labor Progress Handbook (2011), with Ruth Ancheta, The Birth Partner (2008), and When Survivors Give Birth: Understanding and Healing the Effects of Early Sexual Abuse of Childbearing Women (2004), with Phyllis Klaus.

Currently, she serves on several boards of consultants, the Editorial Board of the journal Birth, and serves on the senior faculty at the Simkin Center for Allied Birth Vocations at Bastyr University, which was named in her honor.

Today her practice consists of childbirth education, birth counseling, and labor support, combined with a busy schedule of courses, conferences and workshops.

For more information go to www.womenshealthaptap.org
COMBINED SECTIONS MEETING • February 2 - 6, 2014 • Las Vegas, NV

The Section on Women’s Health

SCHEDULE OF EVENTS

A BOARD IN A BAR
TUESDAY, FEBRUARY 4, 2014
5:30 PM – 6:30 PM
Please check at the SOWH booth, on the webpage and twitter or Facebook for the location

BUSINESS MEETING
WEDNESDAY, FEBRUARY 5, 2014
6:30 PM – 8:00 PM
Galileo 906
Come join the section for:
An overview of the State of the Section
News and Updates
Questions and Comments
Congratulate the new WCS therapists
Meet the newest board members
Draw the winner of the 50/50 Raffle

Following the Business Meeting come to the PAC Party where we will mix, mingle, dance and celebrate our successes. Advanced tickets required.

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SoWH Board of Directors Roster 20-21
Poster Presentations 25-26

*Please verify the room for all programming daily as they are subject to change. The APTA Mobile App will also have the most current information.
The members of the Section on Women’s Health have once again risen to the challenge and come forward with strong content for the conference. It may be a good idea to team up with friends and colleagues to “Divide and Take Notes” so that you can get information from all of the sessions. Plan to meet up later at one of the many great restaurants and bars to compare!

*Things you should know:*

**PLAN FOR THE FUTURE!**

**CSM 2015**

The call for presentations went out in December. Please share your talents and ideas through a 2-hour presentation at CSM 2015 in Indianapolis.

Enter your proposal for a pre-conference or regular session here: [www.apta.org/CSM/Submissions/](http://www.apta.org/CSM/Submissions/)

**Fall Conference 2014**

*Penny Simkin* on Pregnancy and Resiliency

Baltimore: September 27, 28

Save the date and look for more information on the new Section on Women’s Health Website.

**BE PART OF THE FUTURE!**

We are looking for members interested in planning future programming at both the Combined Sections Meeting and the Section on Women’s Health Fall Conference. Please contact Karen Connor, Volunteer Coordinator and let her know your interest! It is important that programming reflect the whole of the membership and to do that we need to hear from you regarding your interests.

Please also feel encouraged to find me at CSM or email me directly at sandyhilton@gmail.com

**Sandy Hilton, PT, DPT, MS**

Director of Programming, Section on Women’s Health
Winning Big in Vegas!

It is with much excitement that I look forward to CSM 2014 in Vegas! This year’s program represents a vast spectrum of women’s health concerns. With presentations on pain, obstetrics, pediatrics, cancer, athletes and male pelvic pain, we have truly hit the jackpot.

Tuesday’s presentation on pain is a testament to vision and collaboration amongst the Sections. Our Director of Programming, Sandy Hilton, approached the SoWH Board of Directors several years ago with an idea to bring internationally renowned researchers and educators in pain science to CSM. Recognizing that treatment of pain spans all areas of physical therapy practice, and understanding the financial ramifications of bringing this novel idea to fruition, we approached the leadership of all 18 Sections to ask for co-sponsorship of this important program. It was a bit of a gamble; a roll of the dice. But here we are in Vegas with that world-class presentation on the program, with much thanks to the spirit of collaboration between the Sections. Much thanks and appreciation to the Education Section, Private Practice Section, Section on Geriatrics, Orthopaedic Section, Section on Research, Oncology Section, Section on Pediatrics, Acute Care Section, and the Hand Rehabilitation Section for co-sponsoring this important session!

Along with the educational sessions, we hope you will join us in our second annual “Board in a Bar” event on Tuesday February 4th. We wager this opportunity to meet the Board of Directors and discuss issues important to you as a member of the Section will be a smash hit once again. The location is TBD; look for announcements before educational sessions and at the Section booth in the exhibit hall.

We look forward to our Annual Business meeting on Wednesday, February 5th at 6:30, where we put all of our cards on the table with an overview of Section activities and the presentation of the Elizabeth Noble award and others. Our social event in conjunction with the PTPAC event at Revolution begins at 9pm Wednesday. Join us for an opportunity to network and have fun with your colleagues.

I’m betting the house that attending CSM 2014 means WINNING BIG! Viva Las Vegas!!

Wendy

Wendy Featherstone, PT, DPT
President, Section on Women’s Health APTA
The Section on Women’s Health would like to extend a special thank you to the following 2014 CSM corporate sponsors and advertising partners for their generous support:

**GOLD SPONSORS**

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- SECTION ON RESEARCH
- EDUCATION SECTION

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- PRIVATE PRACTICE SECTION
- ACUTE CARE SECTION
- ENTROPY PHYSIOTHERAPY & WELLNESS
- BARRAL INSTITUTE
- BROOKS REHABILITATION
- IT’S YOU BABE
- SEROLA BIOMECHANICS
- THERAWAND
- CENTRA
Interested in the current thoughts and research for the field of Women's Health?
Come by the Platform Presentations Tuesday February, 4 from 3:00 pm - 5:00 pm

<table>
<thead>
<tr>
<th>Moderator</th>
<th>Course</th>
<th>Authors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natalie Anderton, DPT</td>
<td>Impact of urine leakage, and perceived activity change due to urine leakage on leisure time physical activity</td>
<td>Anderton, Natalie - Bardsley, Tyler-Marcus, Robin L. - Shaw, Janet M.</td>
</tr>
<tr>
<td>Karen Wingert, DPT, RN</td>
<td>The Effects of Exercise on Fatigue &amp; Quality of Life in Women After Breast Cancer: A Pilot Study</td>
<td>Wingert, Karen; Drennan, Rachel M. - Schuppan, Brooke E. - Sayers, Stephen1 - Case, Shane</td>
</tr>
<tr>
<td>Dana Dailey, PT, PhD</td>
<td>Cognitive, physical or dual fatigue tasks enhance pain, perceived cognitive fatigue and perceived physical fatigue in people with fibromyalgia when compared to healthy controls</td>
<td>Walton, Lori - Aerts, Femke - Terry, Theresa - Burkhart, Haley</td>
</tr>
<tr>
<td>Lori Walton PT, DPT, PhD, CLT</td>
<td>A Study on Intimate Partner Violence Education for Physical Therapists</td>
<td>Amanda Hoch, PT, DPT</td>
</tr>
<tr>
<td>Lori Walton PT, DPT, PhD, CLT</td>
<td>Incidence and Impact of Urinary Incontinence, morbidities, and Health Related Quality of Life for Postpartum Bangladeshi Women: Comparison by Birth Mode</td>
<td>Walton, Lori - Ambia, S.J.M. Ummal-Begum, Aklima - Schbley, Bassima-Parvin, Reshma</td>
</tr>
<tr>
<td>Alison Sadowy, PT, OCS</td>
<td>Pelvic Rehabilitation Improves Quality of Life in Women with Chronic Pelvic Pain and Pelvic Floor Disorders: A Retrospective Cohort Study at Mayo Clinic</td>
<td>Sadowy, Alison - Hollman, John H. - Cookson, Nicole M. - Hobs, Julie A. - Shuster, Lynne - Faubion, Stephanie</td>
</tr>
<tr>
<td>Alice Davis, DPT</td>
<td>Is the Active Hip Abduction Test a valid assessment tool for lumbopelvic control in pregnant women?</td>
<td>Davis, Alice M. - Brodie, Andrea-Burgemeister, Melissa - Conley, Melanie - Greiner, Erin P. - Hargrove, Jillian - Kernan, Katherine T. - Nelson Wong, Erika</td>
</tr>
<tr>
<td>Shannon McCarthy, DPT</td>
<td>Pelvic Floor Dry Needling in a Male Patient with Multiple Sclerosis and Urinary Urgency: A Case Report</td>
<td>McCarthy, Shannon - Appel, Christian E.</td>
</tr>
</tbody>
</table>
WORKSHOP OBJECTIVES

Upon completion of this workshop, the participant should be able to:

• Formulate a personal and professional development plan that balances academic, personal, and professional responsibilities in the areas of teaching, scholarly activity, and service in the academic environment.
• Integrate ethical standards of behavior and positive role modeling within the academic environment.
• Construct a plan to position themselves in the academy which allows future growth.
• Value the benefits of collegial relationships.
• Consider the differences in learning styles among generations when planning educational activities.
• Develop a course including objectives, teaching and evaluation methods that is evidence-based.
• Design strategies to document the scholarship of teaching and learning.

In addition:

• PTA educators should be able to design a curriculum appropriate for the physical therapist assistant.

AUDIENCE

The primary audience for the workshop will be full-time faculty members who are in the first 4 years of a physical therapist or physical therapist assistant faculty appointment. Priority enrollment will be given to participants who are part of this audience and are members of the Education Section, APTA. Maximum enrollment is 50 participants. Please do not make travel arrangements until you receive confirmation of registration.

CONTENT – FORMAT

Because this workshop will be interactive and designed for immediate application, enrolled participants will receive a list of items to bring to the workshop, such as: curriculum vitae, promotion and tenure policies, course syllabi, test samples, individual development plans, etc.

REGISTRATION

Watch for registration opening soon.

JOIN THE EDUCATION SECTION

http://www.aptaeducation.org/home-page.cfm
Save The Date!

Section on Women’s Health
Pre-Conference Course

CSM 2015, Indianapolis, February 4-7

Addressing the Psychosexual Components of Chronic Pelvic Pain in Physical Therapy

Speaker: Talli Rosenbaum, M.Sc., PT, CST, IF

Course Description: The pelvic floor is an integral component of female sexual health and wellness and therefore, pelvic floor physical therapists are often consulted regarding sexuality and sexual function. Female sexual health is a integral part of wellness but is related to psychology, and sociology, as well as physiology. This day-long workshop will explore the role of the physical therapist as sexual counsellor, and provide counselling skills for talking about sex and addressing sexual problems. The psychosocial and relational aspects of sexual pain disorders will be discussed, and the Rosenbaum Mindfulness protocol, designed to address the client’s anxiety with pelvic examination and treatment, will be introduced.

Biography: Talli Rosenbaum, M.Sc., PT, CST, IF, earned a Masters in Clinical Sociology and Counseling from the University of North Texas in Neve Yerushalayim. She also has a bachelor’s degree in Physical Therapy from Northwestern University. Talli is the only AASECT certified sex therapist who is also a pelvic floor physical therapist and is an internationally recognized expert on the role of combined physiotherapy and sex therapy in the treatment of sexual pain disorders. She has authored over 20 peer reviewed journal articles and several book chapters on sexual health, un consummated marriage, and sexuality and Judaism. She is a full member of the International Academy of Sex Research and she serves as an associate editor of the Journal of Sexual Medicine. She has also been awarded status of ISSWISH Fellow.

The CSM 2015 Portal is OPEN
Share your talent and be a speaker or present your research.
CSM 2015 abstract and proposal submission is now open.
Proposal Submission Deadline: March 4, 2014, 11:59 pm, PT
Abstract Submission Deadline: June 2, 2014, 11:59 pm, PT

See you in Indianapolis!

Preconference Courses Sponsored by the Section on Women’s Health, APTA
For more information go to www.womenshealthapta.org
Register online in Fall, 2014 at www.apta.org or call 703-610-0224.
Pre-Conference Course

CSM 2015, Indianapolis, February 4 - 7

Therapeutic Yoga: The integration of pain science and a yoga therapy model into physical therapy practice.

Speaker: Neil Pearson, PT, MSc(RHBS), BA-BPHE, CYT

Learning Objectives:
1. Review the findings and gaps in research of yoga for pain, and pain science education.
2. Discuss how yoga and pain science effectively integrate biomechanical, biomedical and biopsychosocial paradigms and practices.
3. Illustrate this integration through a discussion of therapeutic yoga for people in pain.
4. Presentation of clinical examples with specific relevance to pelvic health.

Biography: Neil Pearson is a physical therapist since 1985, and a Clinical Assistant Professor at the University of British Columbia, Canada, since 1997. He is a leader in the fields of pain education, physiotherapy pain management, and the integration of therapeutic yoga and pain science. Neil is the 2012 recipient of the Canadian Pain Society’s award for Excellence in Interprofessional Pain Education, and recipient of the British Columbia Physiotherapy Association’s award, for Excellence in Clinical Practice Contribution. He is the Founding Chair of the Canadian Physiotherapy Pain Science Division, and sits on the board of Pain BC, a charity focusing on public awareness, changing health policy, and improving both research and professional education in the area of pain and chronic pain. Neil works clinically in Penticton, exclusively with people with complex and persistent pain. Thanks to his knowledge and engaging style, he is an invited keynote speaker at many pain conferences, and in numerous yoga therapist training programs internationally. Neil provides evidence-based pain education in primary care, in secondary pain services, and for organizations such as the Canadian Pain Coalition, and the Arthritis Society.

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For more information go to www.womenshealthapta.org
Register online in Fall, 2014 at www.apta.org or call 703-610-0224.
Promoting rehabilitation of the hand and upper extremity within the profession of physical therapy

JOIN US
HRS Business Meeting
Tuesday February 4, 2014
6:30 pm · San Polo 3404

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The Acute Care Section of the APTA’s strives to foster excellence in acute care practice, in all settings, in order to enhance the health and functioning of patients and clients. Join the Acute Care Section today to gain your edge in the critical world of acute care and work together to improve the field with more than 3,000 fellow PTs and PTAs.

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Lymphedema
Pediatric Oncology

www.oncologypt.org

APTA Section on Pediatrics 2014 Course Schedule

• Combined Sections Meeting (February 3-6, Las Vegas): More than 10,000 physical therapy professionals attend exceptional programming in a variety of topic areas, including a great pediatric track!

• Innovations in School-based Physical Therapy Practice Course (July 10-12, Atlanta): Includes advanced school-based practice issues and foundational information. Nationally recognized speakers provide information on the delivery of services and decision-making necessary to support a free and appropriate public education for all children with disabilities.

• Section on Pediatrics Annual Conference (SoPAC) 2014 (October 23-25, St Louis, MO) – plus optional pre-conference courses October 21-22. Experience more than 50 exceptional educational sessions covering a wide variety of topics and specialty areas. The Rock & Roll Marathon will be held Sunday, October 27.

• Advanced Clinical Practice in Pediatric Physical Therapy Course (September 12-14, Boston): Geared toward advanced practice and intended for experienced pediatric physical therapists who wish to investigate current theories and evidence-based practice across settings.

For the latest information or to register for these courses, visit the Section on Pediatrics website at www.pediatricapt.org and click on “Continuing Education in Pediatric PT” under Quick Links.
We know you’re busy at home and at work! Let us customize a volunteer experience for you!

The Section on Women’s Health is looking for energetic members who would like to get involved with a variety of small but important tasks that will help move our Section toward better member benefits and more public awareness of our services.

Volunteer Opportunities

Help develop and maintain relationships with advertising partners including:
- Course and conference sponsorships
- Equipment donation for courses
- Women’s Health Resource Directory
- Develop partnership opportunities for CSM and other conferences
- Submit website edits to the web committee for review
- Assist with non-website marketing & related media (e.g. EBlasts, print, radio, etc.).
- Assist with social media communications
- Collect/share photos and stories about the Section
- Review case study reports for CAPP Pelvic and CAPP OB Residency Coordinator
- Help with Reimbursement Issues as they pertain to Women’s Health PT
- Help with state Legislative Issues as they pertain to Women’s Health PT
- Assist with CSM and Fall Conference program planning and selection

Contact person: Amber Anderson, Director of Communications
E-mail: communications@womenshealthapta.org

Contact person: Darla Cathcart, Director of Education
E-mail: education@womenshealthapta.org

Contact person: Jen Hungate, Director of Practice
E-mail: practice@womenshealthapta.org

Contact person: Section on WH State Rep for your state
Find them here: http://www.womenshealthapta.org/regions.cfm

What else?
Tell us what you’re good at and what you like to do! We can find a few tasks here and there that won’t take a lot of time and can be done around your busy work and home life!

What would you do if you could do anything for the Section on Women’s Health?
We need you to help us make this Section more valuable to you and others!

For these and any other volunteer opportunity or question please contact Karen Connor, Volunteer Coordinator k_connor@yahoo.com
Chronic Myofascial Pain and Sensitization: Integrating Objective Physical Findings with Pain Mechanisms and Treatment Strategies

February 2, 2014 (Sunday)
Speaker: Dr. Jay Shah, MD

This seminar integrates emerging knowledge from the pain sciences in a clinically accessible way by explaining the pivotal roles that myofascial trigger points (MTrPs), sensitization, the limbic system and objective physical findings play in the management of chronic pain and dysfunction. Spinal segmental sensitization (SSS) is a hyperactive state of the dorsal horn caused by bombardment of nociceptive impulses. Painful MTrPs are a very common source of persistent nociception and sensitization that often results in SSS and chronic pain. Conversely, maladaptive changes in subcortical structures and dysfunctional descending inhibition may create somatic tissue abnormalities in addition to adversely impacting mood, affect and sleep. Either way, typical manifestations of the sensitized spinal segment include dermatomal allodynia/hyperalgesia, sclerotomal tenderness and myofascial trigger points within the affected myotomes. These objective and reproducible findings allow the clinician and patient to identify the affected spinal segment(s) that should be treated. Non-pharmacological approaches such as dry needling and electrical stimulation will be discussed. These techniques deactivate painful MTrPs, desensitize affected segments and neuro-modulate subcortical dysfunction, providing more permanent pain relief. The diagnostic and treatment techniques presented in this seminar are applicable in the management of a variety of chronic musculoskeletal pain conditions.

Graded Motor Imagery

February 3, 2014 (Monday)
Speaker: David Butler, PT, M.App.Sc, EdD

Graded Motor Imagery (GMI) is a lecture, practical and interactive course utilising the neromatrix and pain mechanisms paradigms, neuroimmune sciences and up to date clinical trials and associated research to present novel assessment and treatment strategies for a variety of pain and motor states. These include problems where therapy has been difficult or ineffective in the past, such as phantom limb pain, complex regional pain syndrome, brachial plexus tears and focal dystonia to more common problems such as nerve entrapment and osteoarthritis.

All components of GMI including left right discrimination training, explicit motor imagery and mirror therapy will be taught and practiced along with the essential allied therapy of therapeutic neuroscience education. GMI will be placed within an overall rehabilitation model.

Registration Sunday and Monday: 7:30 to 8:00
A breakfast buffet will be available at both pre-conference sessions.

Course times and location Sunday and Monday:
8:00 am to 5:00 pm
Marco Polo 705
Centra Health has an innovative approach towards the comprehensive treatment of pelvic floor dysfunction and urinary incontinence disorders in women and men. Centra is currently seeking physical therapists that are highly specialized in pelvic floor rehabilitation and are devoted to promoting healthier lifestyles by providing one-to-one care and customized treatment programs.

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# THE SECTION ON WOMEN’S HEALTH

## SCHEDULE

### Tuesday, February 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
<th>Speaker(s)</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am – 10:00 am</td>
<td>Fifteen years of explaining pain – where are we now and where are we going? Part 1</td>
<td>David S. Butler, PT, M.App.Sc. EdD Lorimer Moseley, PhD, FACP, FOFTN</td>
<td>Marco Polo 701</td>
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<td></td>
<td>Sponsored by <strong>Entropy Physiotherapy &amp; Wellness</strong></td>
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<tr>
<td>11:00 am – 1:00 pm</td>
<td>Fifteen years of explaining pain – where are we now and where are we going? Part 2 - The Process of Explaining Pain</td>
<td>David S. Butler, PT, M.App.Sc. EdD Lorimer Moseley, PhD, FACP, FOFTN</td>
<td>Marco Polo 701</td>
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<td></td>
<td>Sponsored by <strong>Brooks Rehabilitation</strong></td>
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**Fifteen Years of Explaining Pain Parts 1 and 2 were brought to you by the collaboration of the following Sections:**

- The Section on Women’s Health
- Geriatrics Section
- Orthopaedic Section
- Section on Research
- Education Section
- Hand Rehabilitation Section
- Oncology Section
- Section on Pediatrics
- Private Practice Section
- Acute Care Section

### Concurrent Course Sessions

<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
<th>Speaker(s)</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 pm – 5:00 pm</td>
<td>Mind the Gap: A Comprehensive Approach for the Evaluation of and Intervention of Diastasis Recti Abdominis</td>
<td>Cynthia M. Chiarello, PhD, PT J. Adrienne McAuley, PT, DPT, MEd, OCS, FAAOMPT</td>
<td>Galileo 1001</td>
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<td></td>
<td><strong>Cultural Competency in</strong></td>
<td>Karen R. Brandon, PT, DSc PT, WCS Crista Johnson, MD, MSc, FACOG</td>
<td>Galileo 1003</td>
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<tr>
<td></td>
<td><strong>Treating Obstetric and Sexual Medicine Patients</strong></td>
<td></td>
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<tr>
<td></td>
<td><strong>Section on Women’s Health Platform Presentations</strong></td>
<td>Multiple speakers</td>
<td>Toscana 3702</td>
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<td>(see information on page 5)</td>
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<tr>
<td>5:30 pm – 6:30 pm</td>
<td><strong>A Board in A Bar</strong></td>
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<td>Location TBD, (check the SOWH booth for information)</td>
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</table>
# THE SECTION ON WOMEN’S HEALTH

## SCHEDULE

**Wednesday, February 5**

<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
<th>Speaker(s)</th>
<th>Room</th>
</tr>
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<tbody>
<tr>
<td>7:00 am – 8:00 am</td>
<td>WCS Breakfast</td>
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<td>Bellini 2001</td>
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<tr>
<td>8:00 am – 10:00 am</td>
<td>Concurrent Course Sessions</td>
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<tr>
<td></td>
<td><strong>Pediatric Voiding Dysfunction</strong></td>
<td>Dawn Sandalcidi, PT, RCMT, BCB-PMD</td>
<td>Lido 3103</td>
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<td>Co-Sponsored by</td>
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<td>Barral Institute</td>
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<td>Current Technology</td>
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<td>The Prometheus Group</td>
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<tr>
<td>8:00 am – 10:00 am</td>
<td><strong>Entry-Level Clinical Experiences in Women’s Health</strong></td>
<td>J. Adrienne McAuley, PT, DPT, MEd, OCS, FAAOMPT</td>
<td>Galileo 1003</td>
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<td>The Prometheus Group</td>
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<tr>
<td>8:00 am – 10:00 am</td>
<td><strong>Obstetric Fistula and Maternal Morbidity in the Developing World: An Overview and the Role of Rehabilitation</strong></td>
<td>Jessica McKinney, PT, MS</td>
<td>Toscana 3702</td>
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<td>Loran Hollander, PT</td>
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<td>Laura Keyser, PT, DPT</td>
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<tr>
<td>11:00 am – 1:00 pm</td>
<td>Concurrent Course Sessions</td>
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<td></td>
<td><strong>Effective Interviewing in Pelvic Rehabilitation</strong></td>
<td>Karen R. Brandon, PT, DSc PT, WCS</td>
<td>Lido 3103</td>
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<td></td>
<td>Sponsored by</td>
<td>Susan Clinton, PT, MHS, OCS, WCS</td>
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<td>The Prometheus Group</td>
<td>Lorimer Moseley, PhD, FACP, FOFTN</td>
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<td>11:00 am – 1:00 pm</td>
<td><strong>Intervention Strategies for Urogenital Cancers</strong></td>
<td>Mary Jane (MJ) Strauhal, PT, DPT</td>
<td>Galileo 1003</td>
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<td>Sponsored by</td>
<td>Barbara Nicholson, MSPT, CLT-LANA</td>
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<td>3:00 pm – 5:00 pm</td>
<td>Concurrent Course Sessions</td>
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<td><strong>Chronic Pelvic Pain: A Graded Motor Imagery Approach</strong></td>
<td>Carrie J. Pagliano, PT, DPT, OCS, WCS, MTC</td>
<td>Lido 3103</td>
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<td>Sponsored by Therawand</td>
<td>Sandy Hilton, PT, DPT, MS</td>
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<td>Lorimer Moseley, PhD, FACP, FOFTN</td>
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<td>3:00 pm – 5:00 pm</td>
<td><strong>Rehabilitation of Third- and Fourth-Degree Perineal Tears: Combining an OB and Pelvic Floor Therapy Approach</strong></td>
<td>Carina Siracusa Majzun, PT, DPT</td>
<td>Galileo 1003</td>
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<td>Valerie Bobb, PT, MPT, WCS, ATC</td>
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<tr>
<td>6:30 pm – 8:00 pm</td>
<td>SoWH Business Meeting</td>
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<td>Galileo 906</td>
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<td>9:00 pm</td>
<td><strong>PT PAC at Revolution</strong></td>
<td>Join us for music, dancing and mingling</td>
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<td>Course</td>
<td>Speaker(s)</td>
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| 8:00 am – 10:00 am | Incontinence and Athletes  
  Sponsored by  
  The Prometheus Group | Jennifer Klestinski, PT, MPT, OCS, WCS, CSCS, BCB-PMD                      | Venetian H |
|                  | The Estrogen Connection:  
  Skeletal Muscle and Bone With  
  Aging, Inactivity, and Injury | Marybeth Brown, PhD  
  Lori Tuttle, PT, PhD  
  Allison Kosir, PT, DPT  
  Wendy M. Kohrt, PhD  | Galileo 1003 |
| 11:00 am – 1:00 pm | Maintaining Mobility: Adaptive Products, Braces, and Supports for the Pregnant and Postpartum Woman  
  Co-Sponsored by  
  It’s You Babe  
  Serola BioMechanics | Rebecca G. Stephenson, PT, DPT, MS, WCS  
  Karen Litos, PT, MPT | Galileo 1003 |
|                  | Emerging Opportunities: The Physical Therapist’s Role in Labor and Delivery | Susan A. Steffes, PT, CD(DONA)  
  Janet Chamberlin, PT, WCS | Venetian H |
|                  | Anatomy of Male Genital Pain | Holly Tanner, PT, MA, OCS, WCS, LMP, BCB-PMD, CCI | Toscana 3702 |
| 3:00 pm – 5:00 pm | The Practical Application of Yoga-Based Techniques in the Treatment of Chronic Pain | Pauline H. Lucas, PT, DPT, WCS | Venetian H |
|                  | Perinatal Psychosocial Considerations | Darla B. Cathcart, PT, DPT, WCS, CLT  
  Susan Steffes, PD,CD (DONA) | Galileo 1003 |
Thank you for volunteering to be a SoWH Member Mentor

Please complete this form and fax or email to: The Section on Women’s Health
Fax: 703-706-8575 or sowh@apta.org

Your preferred Method of Communication: ☐ Phone ☐ E-mail

I give permission for my profile, as a SoWH Member Resource, to be posted to the SoWH web site. ☐ Yes ☐ No

Name: ___________________________________ Phone #: __________________ Fax #:____________________
Mailing address: ___________________________ City __________________ State _____ Zip Code __________
E-mail Address: _______________________________ Number of years working in Women’s Health:_________

How much time are you willing to commit to your mentee? (e.g. 1 hour per week, 2 hours per month, etc.) _______

Will you allow your mentee to shadow you in your clinic? ☐ Yes ☐ No
If yes, will you allow your mentee “hands-on” time with your patients? ☐ Yes ☐ No
If yes, will you require completion of specific coursework first? (e.g. instruction in internal PFM assessments, completion
of lymphedema coursework, etc.) ☐ Yes ☐ No
If yes, please describe: ____________________________________________________________________________
_______________________________________________________________________________________________
Are you already teaching in another capacity? (cont. ed. courses, academic institution, etc) ☐ Yes ☐ No
If yes, please describe: ____________________________________________________________________________
_______________________________________________________________________________________________

Information about the clinic where you are currently working: (optional)

Name of clinic: __________________________________________________________________________________
Location: _______________________________________________________________________________________
Clinic Website: __________________________________________________________________________________

Areas of expertise (please check as many as apply):

Practice Management Skills
☐ Cash-based practice ☐ Marketing / Branding/PR ☐ Reimbursement / Payor challenges
☐ Hospital ☐ Rehabilitation Agency ☐ Home Health
☐ Practice Management ☐ Government / Regulatory ☐ Partnership / Corporation
☐ Documentation / Coding ☐ Outcomes / Benchmarking ☐ Valuation/Purchase / Transitioning

Clinical Skills
☐ Colorectal physical therapy ☐ Wellness ☐ Incontinence
☐ Male incontinence/pelvic pain ☐ Female athlete ☐ Pelvic pain
☐ Vulvar pain ☐ Pediatric physical therapy ☐ Lymphedema management
☐ Dry needling techniques ☐ Other: ☐ Perinatal physical therapy
☐ Manual therapy techniques

Additional comments: ______________________________________________________________________________
_______________________________________________________________________________________________
_______________________________________________________________________________________________

Thank you for your support of women’s health physical therapists and the Section on Women’s Health!
May 15–17, 2014

The Triangle of Treatment: Integrating Movement System Impairments, Manual Therapy and the Biopsychosocial Approach in the Treatment of the Upper Quarter

Dedicated to Advanced Orthopaedic Practice for Physical Therapists

The first Annual Orthopaedic Section Meeting in Orlando was a resounding success and we are excited to present our second Annual Orthopaedic Section Meeting in St. Louis, Missouri. This is a unique 2-day meeting focusing on the latest clinical strategies in the clinical management of the upper quarter. The format will include lecture and laboratory experiences with outstanding speakers who are experts in their fields and leaders in clinical research. The breakout lab sessions are small in size to allow for hands-on instruction and feedback from the presenters and lab assistants. The general sessions will consist of a panel of speakers who will discuss how to integrate physical therapy treatments to achieve the best outcomes for patients with Upper Quarter dysfunctions. Attendees will have the ability to choose among multiple breakout sessions during both days of the conference.

We hope to see you at the Arch!

Thursday, May 15, 2014

*Complimentary Session 3:30PM–5:30PM
Lacking Resources to Implement the Didactic Portion of an Orthopaedic Residency Program? The Section’s “Curriculum in a Can” Can be the Answer You are Looking For!

Speakers: Joseph M. Donnelly, PT, DHS, OCS; Aimee Klein, PT, DPT, DSc, OCS

** This session will be offered to the first 50 attendees who would like to attend.

Opening Reception & Keynote Presentation: 6:00 PM – 9:00 PM
Skills to Succeed in a Changing Health Care Environment

Speaker: Alan Jette, PT, PhD, FAPT

Friday, May 16, 2014

Daily Schedule: 8:00AM–5:00PM
General Session: 8:00AM–10:00AM

The Movement System Impairment, Manual Therapy and Biopsychosocial Approach to Neck Pain: Are Similarities and Differences Complementary or Competitive?

Speakers: James Elliott, PT, PhD; Shirley Sahrmann, PT, PhD, FAPTA; Patricia M. Zorn, PT, MAappSci (MT), FAAOMPT; and (pre-recorded presentation) Gwendolen Jul, Dip Phy, Grad Dip Manip Ther, M Physy, PhD, FACP

Concurrent Breakout Sessions:

** On Friday and Saturday, four concurrent breakout sessions will be offered. The registrant will attend three out of four breakout sessions following the morning general session, based on order of preference indicated on the registration form. Note: space is limited, and therefore the attendee’s breakout session assignments will be given on a first-come, first-serve basis.

Session 1: Towards a Neuro-eye-ological Understanding of Traumatic Neck Disorders
Speakers: James Elliott, PT, PhD; Janet Helmsinski, PT, PhD

Session 2: Neck Pain: The Examination and Treatment of Neck Pain using an Integration of the Movement System Impairment Approach and Manual Therapy

Saturday, May 17, 2014

Daily Schedule: 8:00AM–5:00PM
General Session: 8:00AM–10:00AM

Using Movement System Diagnoses Versus Pathoanatomic Diagnoses in Everyday Clinical Decision Making

Speakers: Marshall LeMoine, PT, DPT, OCS; Paula Ludewig, PT, PhD

Concurrent Breakout Sessions:

Session 5: Triangles of Treatment for Masticatory Muscle Pain
Speakers: Steve Kraus, PT, OCS, MTC, CCTT

Session 6: Examination and Treatment of Movement System Impairments of Selected Conditions of the Hand and Elbow
Speaker: Cheryl Caldwell, PT, DPT, CHT

Session 7: Integration of Biomechanics and Movement Classifications in Shoulder Rehabilitation
Speakers: Paula Ludewig, PT, PhD; Shirley Sahrmann, PT, PhD, FAPTA

Session 8: Integrating Movement System Impairments and Manual Therapy in Assessment and Treatment of Shoulder Dysfunction
Speakers: Marshall LeMoine, PT, DPT, OCS; Michael Wong, PT, DPT, OCS, FAAOMPT

This meeting will be held at the beautiful Hyatt Regency St. Louis at the Arch Hotel. Visit our web site at: https://www.orthopt.org/content/orthopaedic_section_2014_annual_meeting for full details regarding this exciting meeting, to book your guestroom, and to register.
Interested in participating in structured a research experience or collaborating with a distant laboratory?

Apply for a Traveling Fellows Award!
Applications due July 1
(for Section on Research Members)

For more information please visit www.ptresearch.org. Click on Governance→Awards
E-mail: PTRResearch@apta.org
# SOWH MEMBERSHIP

**SOWH BOARD OF DIRECTORS**

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<tr>
<th><strong>PRESIDENT</strong></th>
<th>Wendy Featherstone</th>
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<tr>
<td><strong>VICE-PRESIDENT</strong></td>
<td>Patricia Wolfe</td>
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<td>Sara Reardon</td>
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<td><strong>SECRETARY</strong></td>
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| **DIRECTOR OF PRACTICE** | Jennifer Hungate |
| **DIRECTOR OF RESEARCH** | Cecili DeStefano |
| **DIRECTOR OF COMMUNICATIONS** | Amber Anderson |
| **DIRECTOR OF FINANCIAL DEVELOPMENT** | Sarah Haag |
| **DIRECTOR OF PROGRAMMING** | Sandy Hilton |
| **DIRECTOR OF EDUCATION** | Darla Cathcart |

## SOWH COMMITTEES

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**STUDENT SPECIAL INTEREST GROUP**
- Audra Ragan
- Amy Pannullo
- Mary McVeary

**NOMINATING COMMITTEE**
- Karen Connor

**MEMBERSHIP CHAIR**
- Brooke Kalisiak

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**STATE/REGIONAL REPRESENTATIVES**
- Karen Connor

**VOLUNTEER COORDINATOR:**
- Brooke Kalisiak

### REPORTS TO: DIRECTOR OF PRACTICE

**GOVERNMENT AFFAIRS CHAIR**
- Marcy Crouch

**PAYMENT POLICY AND REIMBURSEMENT CHAIR**
- Kelly Huestis

**CLINICAL PRACTICE GUIDELINES CHAIR**
- Susan Clinton

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**JOURNAL OF WOMEN’S HEALTH, EDITOR**
- Nancy Donovan

**POSTER AND PLATFORM COMMITTEE**
- Pam Downey

### REPORTS TO: DIRECTOR OF PROGRAMMING

**PROGRAMMING COMMITTEE**
- Brooke Kalisiak

### REPORTS TO: DIRECTOR OF FINANCIAL DEVELOPMENT

**SPONSORSHIP COMMITTEE**
- Brooke Kalisiak

### REPORTS TO: TREASURER

**FINANCE COMMITTEE**
- Allison Blackwell

**JOURNAL OF WOMEN’S HEALTH, PUBLISHER**
- Karen Snowden

**POSTER AND PLATFORM COMMITTEE**
- Pam Downey

### REPORTS TO: DIRECTOR OF COMMUNICATIONS

**HISTORIAN**
- Amber Miller

### REPORTS TO: DIRECTOR OF PROGRAMMING

**PROGRAMMING COMMITTEE**
- Brooke Kalisiak

### REPORTS TO: DIRECTOR OF EDUCATION

**CAPP OB COMMITTEE - CHAIR**
- Valerie Bobb

**CAPP PELVIC COMMITTEE - CHAIR**
- Carina Siracusa Majzun

**CAPP COURSE CURRICULUM OVERSIGHT**
- Susan Clinton

**ENTRY-LEVEL CURRICULUM TASK FORCE - CO-CHAIRS**
- Sarah Haag, Carol Figueroa

**EDUCATIONAL REVIEW COMMITTEE - CHAIR**
- Cathy Konkler

**REGIONAL COURSE SITE COORDINATOR**
- Brooke Kalisiak

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**EXECUTIVE DIRECTOR**
- Denise Jackson

**APTA BOD LIAISON**
- Jeannine Gunn

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*The Section on Women’s Health at the APTA Combined Sections Meeting 2014*
Thank you to our many volunteers. The success of the section depends on the interaction and participation of the membership. There is always room for more people to help create a strong and vibrant section. Please contact the volunteer coordinator or any board member if you are available for increased involvement in the section. There are opportunities for any circumstance, variable amounts of time and even "one-time" assistance. Get involved!

(Any omission is in error! See the SOWH web page for up to date information)

**2014 COMMITTEES**

<table>
<thead>
<tr>
<th>JOURNAL EDITOR</th>
<th>ASSISTANT EDITOR</th>
<th>VOLUNTEER COORDINATOR</th>
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<td>Pamela Downey</td>
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<td>Adrienne McAuley Groh, Chair</td>
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<td>Susan Clinton (Chair)</td>
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**REGIONAL REPRESENTATIVES**

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<td>Shannon Fox</td>
<td>Julie Peterson</td>
<td>Diana Fassett</td>
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VOLUNTEER OPPORTUNITIES

**APPOINTED POSITIONS:** Requirements are a 2-year membership in the Section, and e-mail access. All appointed positions serve a 3-year term, with a maximum of 2 terms.

**The following appointed positions are available as of January 2014:**

Volunteering for the Section on Women’s Health is a great way to get connected and network with other physical therapists as well as a way to give back to the Section.

**Volunteers are needed in the following positions:**

**Open State Rep Positions**

- Delaware
- Maine
- New York West
- Alabama
- Tennessee West
- Puerto Rico
- North Dakota East
- South Dakota West
- South Dakota East
- New Mexico
- Oklahoma
- Washington State

The Section on Women’s Health is always looking for dynamic individuals to make a difference.

If you would like information on any of these positions, please do not hesitate to contact Karen Connor, Volunteer Coordinator, at k_connor@yahoo.com. Please don’t hesitate to let Karen know if you’d be interested in volunteering in the future.

**Student Special Interest Group - Open positions:**

For current openings please contact sowh.ssig@gmail.com or call (919) 699-3324.
Congratulations to our 2013 CERTIFIED CLINICAL SPECIALISTS

Ryan Genevieve Bailey, PT, WCS
Michelle Harbaugh Bradley, PT, MS, CLT-LAN, WCS
Rachel Allison Brandt, PT, DPT, WCS
Lori Hay Buxton, PT, DPT, WCS
Wren Louise Cunningham, PT, DPT, MS, WCS
Julie A. De Paul, PT, BCB-PMD, WCS
Stephanie Nichole Drew, PT, WCS
Sarina Marie Dumbleton, PT, WCS
Melissa Ann Eagleton, PT, DPT, WCS
Anne Whitney Ensor, PT, DPT, WCS
Jolene Louise Faught, PT, WCS
Erin M. Flynn, PT, OCS, WCS
Elayne Kay Geba, PT, DPT, WCS
Susannah Coverdale Haarmann, PT, CLT, WCS
Lorien Elisabeth Hathaway, PT, WCS
Stacey Marie Head, PT, CLT, ATC, WCS
Jennifer K. Huneidi, PT, WCS
Jamie L. Justice, PT, WCS
Kristina Marie Koch, PT, MSPT, WCS
Anne Christine Lingua, PT, WCS
Pauline Hendrika Lucas, PT, DPT, WCS
Lauren A. Lucashuk, PT, DPT, WCS
Molly Danielle McKenna, PT, WCS
Rebecca M. Meehan, PT, WCS
Sara A. Nelson, PT, DPT, MOMT, CLT, WCS
Uchenna Cynthia-Awelle Ossai, PT, DPT, CLT, WCS
Arty C. Patel, PT, WCS
Jessica Nicole Powley, PT, WCS
Kathryn Preston, PT, DPT, CLT, WCS
Tiffany Elaine Priest, PT, DPT, WCS, CLT
Sallie Walker Rediske, PT, WCS
Andrea Lynn Shafran, PT, MPT, CLT-LA, WCS
Mary Georgeina Simmons, PT, WCS
Whitney Ann Sippl, PT, DPT, WCS
Jessica Clare Strobel, PT, DPT, CLT, WCS
Meghan Wendy Swenck, PT, DPT, WCS
Tina Nicole Tyndall, PT, DPT, WCS
Nicole Danielle Vasquez, PT, DPT, CSCS, WCS
Sagira Vora, PT, MPT, WCS
Marie Breithaupt Woerner, PT, DPT, CLT, WCS
Join the Conversation
The Section of Women's Health is your doorway to a world of information

Facebook is a great place to share ideas and ask questions or post interesting links to blogs and literature. Come join us at: www.facebook.com/womens.health.PT

Twitter has a growing PT presence in all areas of physical therapy. Join us @womens_PT and @womensSSIG

You can find other PTs with a search for these topics (Hashtags):
#pelvicmafia = an international group of health professionals interested in pelvic health for men and women
#PainPT = an international group of PTs interested in pain neuroscience and treatment
#SolvePT = mostly US PTs (plus some international friends) discussing a wide variety of subjects in PT. Regular Tweet-chat Tuesdays 9pm Eastern.
#BrandPT = topics on how to generate improved public awareness of Physical Therapy
#BizPT = private practice PTs sharing tips, challenges and solutions
#DPTStudent = a passionate group of PTs and DPT students with a weekly chat.
Reach out and talk with us and the group of interested professionals around the world through the power of social media.

Section Collaboration
We could not have hosted the Explain Pain sessions without the collaboration of 10 SECTIONS!
BREAKING NEWS: BRAND NEW WEBSITE

YOU ASKED, WE LISTENED.

The SoWH is kicking off 2014 with a new look!

Our New Year’s Resolution is to make your online user experience smoother, quicker, and targeted to what you need.

Look for easier to navigate resources, responsive design that adjusts to your smartphone and tablet, visual appeal, and increased networking opportunities!

Ways to make the most out of the new site:
- Opt-In to be listed in the PT Locator
- Follow us on Twitter @womens_PT, and like us on Facebook!
- Check out the ‘NEWS’ posts on the homepage for what’s happening now!

Our members inspire us every day; let us help fuel that inspiration.

SELFIES WITH SOWH:

The Section is now on INSTAGRAM!
Follow SoWH @womens_PT, and use the hashtags #CSM2014 and #SOWH to share your pictures from Las Vegas! (Don’t forget to snap a selfie with your favorite board member).

Board members Secili DeStefano, Susan Clinton & Sandy Hilton with Erl Pettman and Shane Tubbs at FallConference2013 #pelvicmafia

COMING SOON: A BLOGGING BOARD

The new site features blog capability. Your very own board members will be updating the blog regularly with articles and thoughts geared toward YOU.
## WOMEN’S HEALTH

### POSTER PRESENTATIONS

1:00 pm - 3:00 pm Thursday, February 6

<table>
<thead>
<tr>
<th>Session Number</th>
<th>Title</th>
<th>Authors</th>
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<td>3289</td>
<td>Diagnostic Accuracy of the Posterior Pelvic Pain Provocation Test for Pelvic Girdle Pain Syndrome</td>
<td>Fraser T, Peterson A, Wilmoth G, Reiman MP, Figuers C, Goode A</td>
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<td>3290</td>
<td>The Role of Rehabilitative Ultrasound Imaging in the Management of Lumbopelvic Pain</td>
<td>Simonds AH, Johnson K, Koch L, Rooney B, Shah P</td>
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<td>Physical Therapy Management of Lower Extremity Lymphedema in an Endometrial Cancer Survivor</td>
<td>Newell AM, Borello - France D</td>
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<td>3292</td>
<td>Lymphedema of the lower extremity secondary to desmoid tumor resection</td>
<td>Palmeri A</td>
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<td>Recognizing and Managing Female Athlete Triad in an Adolescent Cheerleader with Stress Fractures: A Case Report</td>
<td>Wagner AW</td>
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<td>3294</td>
<td>Early PT education for pre-surgical breast cancer survivors - a preliminary pilot study</td>
<td>Flores AM, Stephenson RG, Golshan M, Lovitz N, Marques A, Taber M, Weinandy M</td>
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<td>3295</td>
<td>The Efficacy of Written and Verbal Pelvic Floor Exercise Discharge Instructions in Reducing Urinary Incontinence among Postpartum Patients</td>
<td>Frost A, Trankel D, Shannon M</td>
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<td>3296</td>
<td>Exercise Dosage and Pelvic Floor Muscle Function in Young Women With and Without Urinary Incontinence</td>
<td>Nelson PR, Wilkens A, DeWitt B</td>
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<td>Use of Visceral Mobilizations and Myofascial Release in the Treatment of Hip Osteoarthritis - A Retrospective Case Study</td>
<td>Martin CS, Johnson EV</td>
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<td>Diastasis Rectus Abdominis and Function in Pregnancy</td>
<td>Chiarello CM, Klarenbeek- Mitchell L, Orlowski T, Stamas S</td>
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<td>3299</td>
<td>Predictors of reduced function and quality of life in individuals with fibromyalgia and healthy subjects</td>
<td>Dailey DL, Cooper N, Frey Law L, Sluka KA</td>
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<td>Use of Pelvic Floor Muscle Training to Improve Sexual Function in a Patient with Anorgasmia</td>
<td>Northrop ER, Neville C, Beneciu J</td>
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<td>3301</td>
<td>Anterior Cruciate Ligament Elasticity and Force for Knee Flexion during the Menstrual Cycle; the Effect of Estradiol Hormone and Tissue Temperature</td>
<td>Lee H, Petrofsky J, Berk L, Daher N, Laymon</td>
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<td>3302</td>
<td>Reinterpretation of obstetric pubic symphyseal diastasis biomechanics</td>
<td>Hesch JW</td>
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<td>3303</td>
<td>Pelvic joint mobilization for false positive late pregnancy instability</td>
<td>Hesch JW</td>
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</table>
3304 Recommendations for healthy exercise for overweight and obese women during the prenatal period: A review of the literature
Boerger JS, Dias E, Heaton C, Kroemer K, Sturiale C, Welsh L, Figuers C

3305 Does Urinary Incontinence Impact Balance Performance and Fall Status in an Elderly Female Population?
Nelson PR, Cleary KK, Irish K

3306 Thoracic and Lumbar Pain and Vasovagal Response in a Primigravida
Kilmartin L

3307 Effect Of Physical Therapy On Pain And Health Related Quality Of Life In Chronic Pelvic Pain Syndrome
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3308 Combined manual therapy techniques for the treatment of women with infertility: a case series
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3309 Typical Measures of Upper Extremity Function in Adult Women
Fisher MI, Uhl TL, Langenkamp TP, Schulze LK, Weible SL

3310 Medical Management of Low Back Pain among Hispanic Pregnant Women and their Willingness to Receive Physical Therapy
Marrero N, Medina N, Mulero AL

3311 Physical Therapy Management of Shoulder Dysfunction Following Mastectomy
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3312 What happens the Piriformis when the hip goes above 90 degrees? A Double Blinded in vivo Ultrasound study
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3313 Novel approach to female sexual dysfunction: A case report on the treatment of Vaginismus
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3314 Factors associated with Stress Urinary Incontinence in Female College Athletes: A Pilot Study
Bertram S, McDermott T, Sutherland M

3315 Physical and psychosocial comparisons between sedentary and active female workers
Leach SJ
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Certificate of Achievement in Pelvic Physical Therapy (CAPP-Pelvic)

CAPP-Pelvic
Three levels of Pelvic Physical Therapy courses provide evidence-based education enabling the learner to acquire skills and knowledge to provide physical therapy interventions for male and female patients of all ages with pelvic floor dysfunctions.

Requirements:
- Attend the SOWH Pelvic Physical Therapy Level 1, 2 and 3 seminars.
- Pass the competency skills tests for each level.
- Pass didactic tests for each level.
- Submit a case report.

Certificate of Achievement in Pregnancy and Postpartum Physical Therapy (CAPP-OB)

CAPP-OB
Two levels of Pregnancy and Postpartum Physical Therapy courses provide evidence-based education equipping the learner with skills and knowledge to provide physical therapy interventions for patients with musculoskeletal dysfunction related to pregnancy and postpartum.

Requirements:
- Attend the SOWH seminars: Fundamental Topics in Pregnancy and Postpartum (OBF), and Advanced Topics in Pregnancy and Postpartum (OBA).
- Complete pre-reading/self-study materials for each level.
- Pass the competency skills test for each level.
- Pass the didactic tests for each level.
- Submit a case report.

Detailed information on the CAPP process is available on the SOWH website at www.womenshealthapta.org
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Pediatric Health

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by Jean Anne Zollars,
MA, PT, BI-D

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• Torticollis & Colic
• Pelvic Region Pain
• Bowel Dysfunction
• Incontinence
• Dysmenorrhea
• Prenatal & Postpartum Musculoskeletal Pain

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• Prenatal & Postpartum Musculoskeletal Pain

Gail Wetzler, RPT,
CVMI, BI-D, EDO
Presenter of
Gynecologic Visceral Manipulation Courses
October 2-5, 2014
Bethlehem, PA

Women’s Health

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Registration for 2014 educational courses and the 2014 Fall Conference is now open on our website.
www.womenshealthapta.org/education/regional_courses/index.cfm

For updates on courses and registration openings, please follow the Section’s Twitter and Facebook pages.

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**Pelvic Physical Therapy 1**

January 17-19, 2014 (Fri-Sun)  
 Speakers: Lori Mize, PT, DPT, WCS  
 Carina Siracusa Majzun, PT, DPT  
 Greenville, SC

March 21-23, 2014 (Fri-Sun)  
 Speaker: Lori Mize, PT, DPT, WCS  
 Houston, TX

June 20-22, 2014 (Fri-Sun)  
 Speakers: Lori Mize, PT, DPT, WCS  
 MJ Straughal, PT, BCB-PMD  
 Baton Rouge, LA

July 11-13, 2014 (Fri-Sun)  
 Speakers: Lori Mize, PT, DPT, WCS  
 Barb Settles-Huge, PT  
 Des Moines, IA

October 10-12, 2014 (Fri-Sun)  
 Speaker: Carina Siracusa Majzun, PT, DPT  
 East Lansing, MI

November 14-16, 2014 (Fri-Sun)  
 Speaker: Barb Settles-Huge, PT  
 Boca Raton, FL

**Pelvic Physical Therapy 2**

February 28-March 2, 2014 (Fri-Sun)  
 Speaker: MJ Straughal, PT, BCB-PMD  
 Portland, OR

April 25-27, 2014 (Fri-Sun)  
 Speaker: Barb Settles Huge, PT  
 Madison, WI

August 1-3, 2014 (Fri-Sun)  
 Speaker: Carina Siracusa Majzun, PT, DPT  
 Towson, MD

**Pelvic Physical Therapy 3**

June 27-29, 2014 (Fri-Sun)  
 Speakers: MJ Straughal, PT, BCIA-PMDB  
 Carina Siracusa Majzun, PT, DPT  
 Rochester, NY

September 12-14, 2014 (Fri-Sun)  
 Speaker: MJ Straughal, PT, BCIA-PMDB  
 Portland, OR  
 (Hybrid Course - details coming soon)

November 7-9, 2014 (Fri-Sun)  
 Speaker: MJ Straughal, PT, BCIA-PMDB  
 Madison, WI

**Fundamental Topics in Pregnancy and Postpartum Physical Therapy**

March 28-30, 2014 (Fri-Sun)  
 Speakers: Susan Giglio, PT, RYT  
 Valerie Bobb, PT, MPT, WCS, ATC  
 Baton Rouge, LA

May 16-18, 2014 (Fri-Sun)  
 Speakers: Karen Litos, PT, MPT  
 Valerie Bobb, PT, MPT, WCS, ATC  
 East Lansing, MI

July 25-27, 2014 (Fri-Sun)  
 Speakers: Susan Steffes, PT, CD(DONA)  
 Karen Litos, PT, MPT  
 Edina, MN

August 22-24, 2014 (Fri-Sun)  
 Speakers: Susan Giglio, PT, RYT  
 Karen Litos, PT, MPT  
 Longmont, CO

**Advanced Topics in Pregnancy and Postpartum Physical Therapy**

February 21-23, 2014 (Fri-Sun)  
 Speaker: Susan Giglio, PT, RYT  
 St. Louis, MO

May 4-6, 2014 (Fri-Sun)  
 Speakers: Susan Giglio, PT, RYT  
 Susan Steffes, PT, CD(DONA)  
 Baltimore, MD

**The Physical Therapist in Labor & Delivery: Advanced Techniques in Labor Support**

October 24-26, 2014 (Fri-Sun)  
 Speaker: Susan Steffes, PT, CD(DONA)  
 Austin, TX

Check website for new courses throughout the year!

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[This course is part of the Section on Women’s Health Certificate of Achievement in Pelvic Physical Therapy (CAPP-Pelvic) Program.](http://www.womenshealthapta.org/capp.cfm)

[This course is part of the Section on Women’s Health Certificate of Achievement in Pregnancy and Postpartum Physical Therapy (CAPP-OB) Program.](http://www.womenshealthapta.org/education/education.cfm)

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