Entry-Level Clinical Experiences In Women’s Health

You can do it!

CSM 2014, Las Vegas NV
Sponsored by the Section on Women’s Health

Panel:

1. Susan C. Clinton PT, DScPT, OCS, WCS, COMT
   Residency Director UPMC Centers for Rehab Services WomensRehab Residency Program
   Faculty adjunct University of Pittsburgh and Chatham University

2. Beverly D. Fein, PT, EdD
   Associate Professor of Physical Therapy and Director of Clinical Education
   Sacred Heart University

3. Laura Hagan, PT, DPT, MS, OCS
   Assistant Professor & Director of Clinical Education
   Columbia University- Department of Rehabilitation & Regenerative Medicine

4. Carrie J. Pagliano, PT, DPT, OCS, WCS, MTC
   Physical Therapist
   MedStar Georgetown University Hospital
   Department of Physical Medicine & Rehabilitation

5. Audra L. Ragan, PT, DPT, WCS, CLT
   Physical Therapist, Women’s Health Resident
   Baylor Institute for Rehabilitation

6. Jessica Strobel, PT, DPT, WCS, CLT
   Senior Physical Therapist
   WomensRehab and Men’s Health
   UPMC Centers for Rehab Services

Moderator: Adrienne McAuley, PT, DPT, MEd, OCS, FAAOMPT
Assistant Clinical Professor & ACCE, University of New England
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**Learning Objectives:**
At the conclusion of the session, participants will:

1. Express the value of entry-level clinical experiences in women’s health PT as it relates to their needs.
2. Appraise their 3 greatest obstacles to achieving this goal.
3. Determine which obstacles can be overcome based on knowledge gained through this session and formulate an action plan to address these.
4. Determine which obstacles require consultation to overcome, and identify the available resources to assist them.
5. Recount key steps that helped the panel members achieve success.

**Pre / Post Notes for Participants:**

1. Why are entry-level clinical experiences in women’s health PT important to you? To the profession?

2. What have been your 3 greatest obstacles in achieving this?

3. What do you hope to learn today that will help you? What questions do you have for the panel?

4. What resources & people can you identify, based on today, to help you?

5. What key steps contributed to the panel members’ successes? Discuss these key steps with a neighbor & develop a preliminary action plan to overcome the obstacles you noted above.

**Outline:**

1. Introductions (10 mins)
2. Background / Literature Review (20 mins)
3. Moderator led questions for panel (30 mins)
4. Audience questions for panel (30 mins)
5. Resources & action plans (15 mins)
6. Where do we go from here (15 mins)
No Time Or Money To Travel?  
Scrambling to Get Your CEU's?  
TRY OUR HOME STUDY MODULES  
Now Available!

- Physical Therapist Management of Patients with Chronic Pelvic Pain  
- Medical Management and Physical Therapy Management of High-Risk Pregnancy  
- EMG Homestudy  
- Physical Therapy in Obstetrics  
- Physical Therapy for Osteoporosis: Prevention and Management  
- Anatomy and Physiology of Intra-abdominal Pressure  

For more information, go to the Section on Women’s Health website at www.womenshealthapta.org or call 703-610-0224.
The Section on Women’s Health is proud to announce the course schedule for 2014. We hope you will be able to take advantage of the variety of course options and locations throughout the country.

Registration for 2014 educational courses and the 2014 Fall Conference is now open on our website. www.womenshealthapta.org/education/regional_courses/index.cfm

For updates on courses and registration openings, please follow the Section’s Twitter and Facebook pages.

### 2014 CONTINUING EDUCATION COURSES

#### Pelvic Physical Therapy 1
- **January 17-19, 2014** (Fri-Sun)
  - Speakers: Lori Mize, PT, DPT, WCS
  - Carina Siracusa Majzun, PT, DPT
  - Greenville, SC
- **March 21-23, 2014** (Fri-Sun)
  - Speaker: Lori Mize, PT, DPT, WCS
  - Houston, TX
- **June 20-22, 2014** (Fri-Sun)
  - Speakers: Lori Mize, PT, DPT, WCS
  - MJ Strauhal, PT, BCB-PMD
  - Baton Rouge, LA
- **July 11-13, 2014** (Fri-Sun)
  - Speakers: Lori Mize, PT, DPT, WCS
  - Barb Settles Hugue, PT
  - Des Moines, IA
- **October 10-12, 2014** (Fri-Sun)
  - Speaker: Carina Siracusa Majzun, PT, DPT
  - East Lansing, MI
- **November 14-16, 2014** (Fri-Sun)
  - Speaker: Barb Settles Hugue, PT
  - Boca Raton, FL

#### Pelvic Physical Therapy 2
- **February 28-March 2, 2014** (Fri-Sun)
  - Speaker: MJ Strauhal, PT, BCB-PMD
  - Portland, OR
- **April 25-27, 2014** (Fri-Sun)
  - Speaker: Barb Settles Hugue, PT
  - Madison, WI
- **August 1-3, 2014** (Fri-Sun)
  - Speakers: Carina Siracusa Majzun, PT, DPT
  - Towson, MD

#### Pelvic Physical Therapy 3
- **June 27-29, 2014** (Fri-Sun)
  - Speakers: MJ Strauhal, PT, BCB-PMD
  - Carina Siracusa Majzun, PT, DPT
  - Rochester, NY
- **September 12-14, 2014** (Fri-Sun)
  - Speaker: MJ Strauhal, PT, BCB-PMD
  - Portland, OR
  - (Hybrid Course – details coming soon!)
- **November 7-9, 2014** (Fri-Sun)
  - Speaker: MJ Strauhal, PT, BCB-PMD
  - Madison, WI

#### Fundamental Topics in Pregnancy and Postpartum Physical Therapy
- **March 28-30, 2014** (Fri-Sun)
  - Speakers: Suzanne Badillo, PT, WCS
  - Susan Giglio, PT, RYT
  - Baton Rouge, LA
- **May 16-18, 2014** (Fri-Sun)
  - Speakers: Karen Litos, PT, MPT
  - Valerie Bobb, PT, MPT, WCS, ATC
  - East Lansing, MI
- **July 25-27, 2014** (Fri-Sun)
  - Speaker: Suzanne Badillo, PT, WCS
  - Edina, MN
- **August 22-24, 2014** (Fri-Sun)
  - Speakers: Susan Giglio, PT, RYT
  - Karen Litos, PT, MPT
  - Longmont, CO

#### Advanced Topics in Pregnancy and Postpartum Physical Therapy
- **February 21-23, 2014** (Fri-Sun)
  - Speaker: Susan Giglio, PT, RYT
  - St. Louis, MO
- **May 4-6, 2014** (note Sun-Tues)
  - Speakers: Susan Giglio, PT, RYT
  - Susan Steffes, PT
  - Baltimore, MD
- **October 24-26, 2014** (Fri-Sun)
  - Speaker: Susan Steffes, PT, CD (DONA)
  - Austin, TX

### Gynecologic Visceral Manipulation
**LEVEL 1-2**
- **October 2-5, 2014** (Thur-Sun)
  - Speaker: Gail Wetzler, PT
  - Bethlehem, PA

Check website for new courses throughout the year!
Background / Literature Review

1. Clinical Experiences
2. Women’s Health Content
3. Clinical Experiences in Women’s Health

Expert Practice in PT (Jensen et al, 2000)
- “Practice by expert therapists also suggests . . .
  - Teaching students to value the patient as well as the clinical instructor as a source of knowledge
  - Carefully listening to patients and understanding the meanings patients hold about health and illness
  - Developing not only cognitive skills, but also the ability to keenly observe and skillfully use one’s hands and body to facilitate patients’ functional movements

Women’s Health Content in PT Professional Programs

A Survey of Academic Faculty
- Figuers & Nelson
  - Abstract published 2013
  - Awaiting JOWHPT article in Winter 2014

A Survey of SOWH Practitioners
- Nelson & Figuers
  - Abstract published 2013
  - Awaiting JOWHPT article in Winter 2014

Per email communication with Dr. Nelson “very clear (>75% of clinicians and academicians) that there is no expectation that internal pelvic floor examination be taught in the entry-level curriculum”
- Should be included in elective coursework

SOWH Members’ Perceptions of Mentoring Entry-Level Students in Clinical Education (Dockter et al, 2008)

- Barriers / Challenges (4 / 8)
  - Patients not receptive (51.7%)
  - Insufficient caseload (28.9%)
  - Work part-time (21.8%)
  - Physical space (15.7%)

SOWH Members’ Perceptions of Mentoring Entry-Level Students in Clinical Education (Dockter et al, 2008)

- Strategies to enhance Clin-Ed (6 / 9)
  - Professional development (32.9%)
  - APTA CI credentialing (31.4%)
  - Consulted with faculty (23.3%)
  - Consulted with other CIs (18.6%)
  - Developed clin-ed objectives (15.7%)
  - Consulted with other CIs who accept students for women’s health (14.1%)
2014 Women’s Health Resource Directory

• A great resource to learn about products for your patients
• Learn about upcoming courses and conferences
• New Directory is updated throughout the year, adding new information for you!

For more information about advertising in the Section on Women’s Health Resource Directory go to http://goo.gl/65bi9
or contact Sarah Haag, PT, DPT, WCS • (815) 274-2073 • financialdev@womenshealthapta.org
References:

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