

JULIA C. MONIE, PT, MS, WCS

Barrington, Illinois

Tel. 847.382.2520

SUMMARY

Experienced pelvic health physical therapist possessing WCS board certification, APTA Certificate of Achievement in Pelvic Physical Therapy and Masters Degree in Interprofessional Women's Health

EXPERIENCE

2011 – Present

NorthShore University Health System, Bannockburn, IL

Pelvic Floor Physical Therapist, Level III

Perform assessments and provide physical therapy interventions to outpatient population including pelvic health (men, women, pediatric), OB and ortho diagnoses. Participate in interprofessional Center for Pelvic Health including research projects and anorectal manometry testing. Mentor new staff and act as CI for students. Provide community education programs and observation opportunities in pelvic floor therapy for OB/Gyn residents.

2007 – 2011

Northwest Community Healthcare, Arlington Heights, IL

Rehabilitation Services Manager, CCCE

Responsible for daily operations and supervision of PT, OT, ST staff in a multidisciplinary hospital outpatient clinic; provided physical therapy assessments and interventions to outpatient population including pelvic health (men and women), OB, ortho, neuro and general medical diagnoses; coordinated student program at all sites.

2003-2007

Physical Therapist

Performed assessments and provided physical therapy interventions to outpatient population including pelvic floor (men and women) ortho, neuro and general medical diagnoses; acted as CI for students; provided community education programs.

2001 – 2003

Sherman Health Systems, Elgin, IL

Director of Rehabilitation Services

Responsible for clinical and financial operations of acute, TCC, SNF, outpatient and off-site rehabilitation programs (ten cost centers and 60 FTE) including evaluation and development of new service lines, customer satisfaction, employee recruitment and retention, productivity management and JCAHO compliance.

EDUCATION

Masters of Science in Interprofessional Women's Health
Rosalind Franklin University of Medicine and Science

Bachelor of Science and Certificate of Physical Therapy,
The University of Wisconsin – Madison

PROFESSIONAL CERTIFICATIONS 2015 CAPP-OB graduate, SoWH, APTA
2012 ABPTS Women's Health Clinical Specialist
2009 CAPP-Pelvic, SoWH, APTA

CONTINUING EDUCATION Considerations and Intervention of Intrapartum Support APTA 22 hours 2017
Cancer Rehabilitation 7 hours NCH 2017
Section on Women's Health Programming 19 hours CSM 2016
November Summit, Topics in Pelvic and Abdominal Health (Diane Lee, Kathe Wallace, Hollis Herman, Deborah Coady, MD) 17 hours 2015
Advanced Topics in Pregnancy & Post-Partum APTA 24 hours 2015
Pediatric Incontinence and Pelvic Floor Disorders 17 hours 2015
Section on Women's Health Programming 19 hours CSM 2015
Fundamental Topics in Pregnancy & Post-Partum APTA 24 hours 2014
The Active Female throughout the Lifespan RIC 19.5 hours 2014
Ultrasound for Examination of Pelvic Floor RIC 4 hours 2014
Anorectal Manometry Sandhill Scientific 16 hours 2013
Mobilization of Visceral Fascia for the Treatment of Pelvic Dysfunction 6.75 hours 2013
Advanced CI Education and Credentialing Program APTA 16 hours 2013
Strategies for Successful Residency and Fellowship Mentoring 6 hours CSM 2013
Behavioral and Rehab Treatment of Bowel Disorders Marquette 17.5 hours 2012
Women's Health Section Programming 19 hours CSM 2012
Pelvic Physical Therapy Level 3 APTA 23 hours 2008
Pelvic Physical Therapy Level 2 APTA 23 hours 2008
Pelvic Physical Therapy Level 1 APTA 23 hours 2007
Female Core Conversion 7 hours 2007
Women's Health Symposium 8 hours 2005

PROFESSIONAL AFFILIATIONS Member APTA, Illinois Chapter & Women's Health Section
Member Chicagoland Pelvic Floor Research Consortium
State of Illinois Physical Therapy License # 070-003147
CPR certified

VOLUNTEER ACTIVITIES Impact 100-Chicago Suburban Chapter 2015 to present
Woodstock Bible Church soup kitchen and food pantry, monthly 2011 to present
Youth Mission Trip leader, 8 day trip to Detroit, MI, 2013
School volunteer at grade, middle and high school levels 1991-2012
Elder, Presbyterian Church of Barrington 2004-2006