



Section on Women's Health

Section on Women's Health
 American Physical Therapy Association
 1111 N Fairfax St
 Alexandria, VA 22314

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2012 Regional Courses

If you receive a duplicate brochure, please share it with an interested colleague.



As the leader in women's health physical therapy education for over 15 years, the Section on Women's Health (SoWH) continues to set the standard for quality education and training with the Certificate of Achievement in Pelvic Physical Therapy (CAPP PELVIC) in 2006 and the Certificate of Achievement in Pregnancy and Physical Therapy (CAPP-OB) in 2008.

REQUIREMENTS FOR CAPP:

- Complete all levels of assignments and tests.
- Pass didactic and competency skills test for each level.
- Complete preseminar reading assignments.
- Submit a case reflection.
- Attend all levels of the SoWH courses.

Those earning the CAPP will be listed on the SoWH Web site, www.womenshealthapta.org, stating they have completed a comprehensive set of learning requirements in pelvic physical therapy or prenatal, postpartum as long as they are an active member of the Section. Detailed information on the CAPP process is available on the SoWH Web site: www.womenshealthapta.org/education/index.cfm

For course details, descriptions and prerequisites, please go to <http://www.womenshealthapta.org/education/education.cfm>

PARTICIPATING IN SECTION ON WOMEN'S HEALTH COURSE LABS The labs of the courses are critical components to the acquisition of skill and knowledge. In all courses with a lab component, all attendees are required to participate in the labs. All participants should come prepared to be both patient and physical therapist during internal vaginal and/or rectal labs. Participants who cannot participate in labs as a patient must provide their own lab partners. (Note: Rectal labs occur in Pelvic Physical Therapy 2 and 3). PLEASE contact the Director of Education if you have any questions or are unsure if you can participate as a patient. Menstruation is NOT a contraindication. Menstrual cups (by Instead) are available as an option at the courses.

CONTRAINDICATIONS TO INTERNAL EVALUATION:

- Postpartum or postsurgical for less than 6 weeks.
- Active infection.
- Pregnancy.
- Pelvic pain which prevents evaluation.
- Atrophic vaginitis.
- Placement of an IUD (Gynecologic Visceral Manipulation course only)

Participants who cannot participate in labs as a patient must provide their own lab partners. If you do not have a model and cannot participate in the lab, you will not be allowed to perform the skills testing for the CAPP.

For information on other educational opportunities visit:

Home Study Modules: www.womenshealthapta.org/education/homestudy.cfm
 Residency: www.womenshealthapta.org/credentialing/residency.cfm
 Specialization: www.womenshealthapta.org/credentialing/specialization.cfm



CERTIFICATE OF ACHIEVEMENT IN PELVIC PHYSICAL THERAPY (CAPP)

PELVIC PHYSICAL THERAPY 1 (CAPP-PELVIC)

- | | | | |
|---------------|---------------|----------------|-------------|
| • Jan 27-29 | Exter, NH | • July 27-29 | Madison, WI |
| • March 16-18 | St Louis, MO | • August 10-12 | Mobile, AL |
| • May 4-6 | Rochester, NY | • Dec 7-9 | Keene, NH |

PELVIC PHYSICAL THERAPY 2 (CAPP-PELVIC)

- | | | | |
|---------------|--------------|--------------|--------------|
| • April 13-15 | Portland, OR | • Sept 21-23 | Brighton, CO |
| • May 18-20 | Chicago, IL | | |

PELVIC PHYSICAL THERAPY 3 (CAPP-PELVIC)

- | | | | |
|-------------------------|---------------|-----------------|-----------|
| • March 2-4 | Neptune, NJ | • November 9-11 | Edina, MN |
| • July 15-17 (Sun-Tues) | Baltimore, MD | | |



CERTIFICATE OF ACHIEVEMENT IN PREGNANCY AND POSTPARTUM PHYSICAL THERAPY (CAPP-OB)

PREGNANCY AND POSTPARTUM PHYSICAL THERAPY *Fundamentals* (CAPP-OB)

- | | | | |
|-------------------------|------------|-------------|---------------|
| • April 28-30 (Sat-Mon) | Boston, MA | • June 8-10 | San Diego, CA |
|-------------------------|------------|-------------|---------------|

PREGNANCY AND POSTPARTUM PHYSICAL THERAPY *Advanced* (CAPP-OB)

- | | |
|-----------|--------------|
| • Oct 5-7 | Portland, OR |
|-----------|--------------|

GYNECOLOGIC VISCERAL MANIPULATION

- | | | | |
|-----------------------------|--------------|-----------------|------------|
| • February 25-28 (Sat-Tues) | St Louis, MO | • October 18-21 | Pomona, CA |
| • June 21-24 | Brick, NJ | | |

ORTHOPEDIC APPROACH TO PELVIC PAIN *Level 1*

- | | |
|--------------|----------------|
| November 2-4 | Washington, DC |
|--------------|----------------|

REAL TIME ULTRASOUND

- | | |
|---------------|----------------|
| September 8-9 | Washington, DC |
|---------------|----------------|

THE BRAIN, MIND & BODY IN CHRONIC PELVIC PAIN

- | | |
|---------------|--------------|
| October 12-14 | Portland, OR |
|---------------|--------------|

Special pricing for multiple participants from the same site:

- 3-5 persons – 10% discount off of each registration
 - 6-9 persons – 15% discount off of each registration
 - 10 or more – 20% discount off of each registration
- Participants must be from the same facility, no exceptions.

Course material is not intended for use by attendees outside of their license or regulation. Furthermore, when elements of the patient/client management are taught, subsequent use of those elements is considered physical therapy only when performed by a physical therapist or physical therapist assistant, under the direction and supervision of a physical therapist, in accordance with APTA policies, positions, and standards.

Registration (One registrant per form) Please print or type.

Name _____ PT PTA SPT Nickname for badge _____

Address _____ E-mail _____

City _____ State _____ Zip _____ Check one: Female Male

Phone: (W) _____ (H) _____ (Fax) _____

APTA Membership # _____ Membership Renewal Date ____/____/____ License # _____

Registration Fees (Circle appropriate fees)

	Course Date	Section Member	APTA Member	Non-Member
1. Pelvic Physical Therapy 1* – Exeter, NH	Jan 27-29	\$620	\$675	\$720
2. Gynecologic Visceral Manipulation* – St Louis, MO	Feb 25-28 (Sat-Tues)	\$725	\$825	\$935
3. Pelvic Physical Therapy 3*– Neptune, NJ	Mar 2-4	\$620	\$675	\$720
4. Pelvic Physical Therapy 1* – St Louis, MO	Mar 16-18	\$620	\$675	\$720
5. Pelvic Physical Therapy 2* – Portland, OR	Apr 13-15	\$620	\$675	\$720
6. Pregnancy and Postpartum Physical Therapy (F)*– Boston, MA	April 28-30 (Sat-Mon)	\$620	\$675	\$720
7. Pelvic Physical Therapy 1* – Rochester, NY	May 4-6	\$620	\$675	\$720
8. Pelvic Physical Therapy 2* – Chicago, IL	May 18-20	\$620	\$675	\$720
9. Pregnancy and Postpartum Physical Therapy (F)* – San Diego, CA	June 8-10	\$620	\$675	\$720
10. Pelvic Physical Therapy 3* –Baltimore, MD	July 15-17 (Sun-Tues)	\$620	\$675	\$720
11. Pelvic Physical Therapy 1* – Madison, WI	July 27-29	\$620	\$675	\$720
12. Gynecologic Visceral Manipulation*– Brick, NJ	June 21-24	\$725	\$825	\$935
13. Pelvic Physical Therapy 1* – Mobile, AL	Aug 10-12	\$620	\$675	\$720
14. Real Time Ultrasound* – Washington, DC	Sept 8-9	\$620	\$675	\$720
15. Pelvic Physical Therapy 2* – Brighton, CO	Sept 21-23	\$620	\$675	\$720
16. Pregnancy and Postpartum Physical Therapy (A)* – Portland, OR	Oct 5-7	\$620	\$675	\$720
17. The Brain, Mind & Body in Chronic Pelvic Pain* – Portland, OR	Oct 12-14	\$550	\$600	\$650
18. Gynecologic Visceral Manipulation*– Pomona, CA	Oct 18-21	\$725	\$825	\$935
19. Orthopedic Approach to Pelvic Pain* – Washington, DC	Nov 2-4	\$620	\$675	\$720
20. Pelvic Physical Therapy 3* – Edina, MN	Nov 9-11	\$620	\$675	\$720
21. Pelvic Physical Therapy 1* – Keene, NH	Dec 7-9	\$620	\$675	\$720

*\$10 from each fee will fund research sponsored by the SoWH

TOTAL \$ _____

Payment Information



Check made payable to: Section on Women's Health, APTA Check # _____

Visa MasterCard American Express

Credit Card Number

Expiration Date ____/____/____

Print Cardholder's name _____ Signature _____

Prerequisites (For more information visit www.womenshealthapta.org/education/education.cfm).

I understand and verify that I have met the prerequisites as stated in this brochure. I understand that this includes, but is not limited to, submitting past coursework and experience verification upon request, completing any required prereading assignments, and providing my own lab partner if I am unable to, for any reason, participate in course labs. I verify that I am a licensed physical therapist. Courses are audited and if we are unable to verify prerequisites SOWH will cancel registration.

Registration priority is given to Section on Women's Health members. Payment **must** accompany your registration. It is recommended that applicants not make airline or hotel reservations until they have confirmation of acceptance into the course. Confirmation letters will include information on accommodations, site locations, and parking. **The Section reserves the right to cancel the course with full registration refund only.** Refunds (less a \$50 handling fee) will be granted until 2 weeks prior to the course if a letter of cancellation is received.

MAIL TO: SoWH, PO Box 327, Alexandria, VA 22313 or fax 703/706-8575. For more information or special needs, call: 800/999-2782, ext 3159, or e-mail SoWH@apta.org.

PLEASE NOTE: Participants will be required to sign a release of liability for lab portions of each course upon arrival at the course.

