



Section on Women's Health

Resource Catalog

Ordering Information

By Mail

To order the items listed in this resource list, complete the order form and mail with your check payable to the Section on Women's Health, APTA, or charge information (for orders over \$20) to:

Section on Women's Health
PO Box 327
Alexandria, VA 22313

Payment must accompany your order and must be remitted in US funds.

Member Discount

To qualify for the Section on Women's Health or APTA member discount, the order must be submitted by a member of the Section on Women's Health, a member of APTA, or a member of the Canadian Physiotherapy Association. Institutional orders must include the name and member number of the member or staff eligible for the discount.

Shipping

Please allow up to 2-3 weeks for processing and shipping of your order.

Prices

Section on Women's Health and APTA member discounts are offered on all items. The APTA member discount is offered to members of the Canadian Physiotherapy Association. Prices are valid for the current calendar year.

Refund and Return Policy

Overpayments of \$5 or more will be refunded automatically. Overpayments under \$5 will be refunded only upon written request. Returns for refunds must be made within 30 days of receipt of merchandise. Merchandise must be returned in re-saleable condition.

Gynecologic Physical Therapy Manual – 2nd Edition

This 400+ page manual of Gynecologic Physical Therapy is divided into 8 chapters, glossary, and an appendix of urinary incontinence classification system. 17 members contributed to the volume.

Item No. WH-MANUAL

Price: SoWH member \$75.00 APTA member \$94.50 Non-member \$115.00

Home Study Modules

Essential Terms and Concepts for Surface Electromyography Biofeedback in Surface Electromyography Instruments CD Rom

D. Todd Shewman, BA Kin

This 2 ½ hour home study course is intended to give the practicing physical therapists a working knowledge of surface electromyography (SEMG) instrumentation. Quality treatment of patient with pelvic dysfunction requires a comprehensive understanding of anatomy, physiology, pathophysiology, and many treatment modalities. SEMG is only one part of a complete treatment. However, incomplete knowledge of SEMG can result in poor or incorrect application, interpretation, or treatments. Strong knowledge of instrumentation will enhance the quality of SEMG treatments and patient outcomes. This material will describe basic concepts applicable to all forms of SEMG. It is intended to familiarize the reader with basic SEMG instrumentation concepts. Fundamentals of electronics and definitions of important terms pertaining to components of instrumentation and other components and their effects in the recording environment are presented. The goal is to present the reader with essential terms and enough information to be able to identify noise and artifacts in clinical situations, and, to assist in scrutinizing research papers with increased rigor. This module is necessary to complete the didactic education for the BCIA pelvic muscle dysfunction certificate.

Contact Hours: 3

Item No WH –EMG – Study

Price: SoWH member \$50 APTA member \$70 Non-member \$90

Chronic Pelvic Pain CD-Rom

Karen Abraham, PT, PhD, OCS and Laura Scheufele

Chronic Pelvic Pain CD Home Study Module An Independent Study Course for Individual Continuing Education by Karen Abraham, PT, PhD, OCS and Laura Scheufele, PT This CD will cover the Chronic pelvic pain (CPP) that is a common and often debilitating problem that can have profound effects on the physical and emotional health of women. Chronic pelvic pain isn't a specific disease. The term CPP refers to the symptom of the pain and may be the result of a number of different disease processes or mechanical imbalances. This home study module will help you identify them.

Contact hours 6

Item No. WH-CPP STUDY

Price: SoWH member \$90 APTA member \$100.00 Non-member \$130.00

Marketing Your Practice to Women and Physicians

Fatima Hakeem, PT

Focus on a new area or update your current knowledge with the Section on Women's Health home study course. This offering features tips for expanding your women's health practice with current, in-depth information for marketing physical therapy to physicians and women. Learn ways to talk to physicians while familiarizing yourself with effective marketing techniques. Gain the tools necessary to have your customers sell your business for you.

The Section on Women's Health presents a home study course, *Marketing Your Practice to Women and Physicians*. Topics include: devising a marketing plan, connecting with the customer, overcoming resistance, marketing to physician's, marketing to women, and ideas for repeated exposure.

Contact Hours: 1

Item No. WH-MKT STUDY

Price: SoWH member \$50.00 APTA member \$70.00 Non-member \$90.00

The Anatomy and Physiology of Intra-abdominal Pressure CD-Rom

Ross McClung, PhD and Ann Dunbar PT, MS

A growing body of research continues to elucidate the role of intra-abdominal pressure (IAP) in trunk stabilization. Where IAP may lead to secondary medical problems (e.g. obesity causing secondary IAP contributing to gastroesophageal reflux disease, urinary incontinence, and increased pleural pressure), it also has a role in stabilizing the trunk and reducing spinal loading. The CD begins with a live dissection review of the anatomical structures that contribute to IAP and is followed by a lecture discussing the relationship of IAP to other physiological processes and health states such as respiration, obesity, and pregnancy. The scientific basis for spine stabilization will be reviewed. Clinical application enhancing the function of core stabilizers will be briefly presented.

Contact Hours: 1.5

Item No. WH-IAP STUDY

Price: SoWH Member: \$50.00 APTA Member: \$70.00 Non-APTA: \$90.00

Obstetrics

Rebecca Stephenson, PT

The Section on Women's Health is offering a new study module that aims to assist the practitioner who needs additional information on the basics needed to treat pregnant women. This home study covers anatomy, physiology, examination and treatment. Topics include: contraindications to exercise during pregnancy, examination strategies, Vena Cava syndrome, biomechanics of pregnancy, identifying treatment strategies for musculoskeletal dysfunctions, differentiating between low back and SIJ pain, and nerve palsies.

Contact Hours: 2

Item No. WH-OB STUDY

Price: SoWH Member: \$50.00 APTA Member: \$70.00 Non-APTA: \$90.00

Patient Education Brochures

This series of tri-fold brochures shares a similar design, paper stock and ink color. These brochures are intended to educate patients, encouraging them to seek referral to a physical therapist. Each brochure briefly describes the condition, possible physical therapy intervention, and how to seek a referral or information on other topics.

Price: SoWH member \$1.00 each APTA member \$1.50 each Non-member \$2.50 each

After Abdominal Surgery
Item No. WH-ABDOM

After Breast Surgery
Item No. WH-BREAST

After Prostate Surgery
Item No. WH-PROSTATE

Lymphedema

Item No. WH-LYMPH

Osteoporosis
Item No. WH-POROSIS

